Large chondroma of the dural convexity in a patient with Noonan’s syndrome. Case report and review of the literature

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**Summary**

**Introduction.** Intracranial chondromas are extremely rare intracranial tumours that usually arise from the skull base synchondrosis. Exceptionally, they may grow from cartilage rests within the dura mater of the convexity or the falx. They may be part of Ollier’s multiple enchondromatosis or Maffucci’s syndrome. We describe the case of a young male diagnosed of Noonan’s syndrome that underwent resection of a large intracranial chondroma arising from the dural convexity. To our best knowledge this is the first report of such association.

**Case report.** An 18-year-old male presented with a single generalized seizure. The patient was previously diagnosed of Noonan’s syndrome on the basis of his special phenotype (Turner-like), low stature, cardiac malformation, retarded sexual and bone development and normal karyotype. He harboured mild psychomotor retardation. Physical and neurological examinations were unremarkable. Brain Magnetic Resonance image showed a large well-circumscribed intracranial mass in the dural convexity of the left frontal-parietal lobes, with heterogeneous contrast enhancement and no peritumoural oedema. The patient was initiated on valproic acid and underwent craniotomy and complete excision of the tumour. The tumour was firm, white-greyish, avascular and could be finely dissected away from the cortex. Postoperative seizures required additional anticonvulsant therapy. He was discharged uneventfully. The pathological study revealed a mature chondroma. Subsequent brain MRI studies have shown no evidence of recurrence after 33 months of follow up.

**Discusión.** Chondromas comprise less than 0.3% of intracranial tumours. Only twenty-five cases of intracranial dural convexity chondromas are reported in the literature. Several pathogenetic theories have been proposed: metaplasia of meningeal fibroblasts and perivascular meningeal tissue, traumatic or inflammatory cartilaginous activation of fibroblasts and growth of aberrant embryonal cartilaginous rests in the dura mater. Chondromas present clinical features similar to meningiomas. CT scan imaging shows a mass of variable density due to different degrees of calcification with minimum to moderate contrast enhancement. MRI studies show a well-circumscribed lesion without surrounding tissue oedema, that exhibit heterogeneous signal with intermediate to low intensity on T1-weighted images and mixed intensity on T2-weighted images with minimum enhancement. Angiogram is clue to differentiate from meningiomas since chondromas are completely avascular. Complete tumour resection including its dural attachment is the treatment of choice. Long-term prognosis is favourable. Radiation therapy is currently not recommended for residual tumours or inoperable patients due to risk of malignization. Noonan’s syndrome (also known as pseudo-Turner syndrome) is a complex familial genetic disorder with a phenotype that resembles that of Turner’s syndrome but exhibits no chromosomal defect. No predisposition of Noonan’s syndrome for tumoural development is reported in the literature. Association of a dural convexity chondroma with Noonan’s syndrome is unique as far as the literature is concerned.

**KEY WORDS:** Chondroma. Noonan's syndrome. Epilepsy. Turner's syndrome.

Condroma gigante de la convexidad en un paciente con síndrome de Noonan. Caso clínico y revisión de la literatura

**Resumen**

**Introducción.** Los condromas intracraneales son tumores extremadamente raros que suelen surgir de la sincondrosis de la base craneal. Excepcionalmente, puede crecer a partir de restos cartilaginosos en la duramadre de la convexidad o en la hoz. Se han relacionado con la encondromatosis múltiple de Ollier y...
con el sindrome de Maffucci. Describimos el caso de un varón joven diagnosticado de sindrome de Noonan en el que se resecó un condroma gigante de la convexidad. Esta asociación no está descrita en la literatura hasta el momento.

Caso clínico. Varón de 18 años de edad que presenta una única crisis cósmica generalizada como debut clínico. Estaba previamente diagnosticado de sindrome de Noonan basándose en su fenotipo especial (Turner-like), baja estatura, presencia de malformación cardíaca, retraso en la maduración ósea y sexual, y cariotipo normal. No presentaba alteraciones significativas en la exploración física y neurológica salvo un leve retraso mental. El estudio de resonancia magnética cerebral mostró una masa intracraneal de gran tamaño, bien circunscrita, dependiente de la convexidad dural frontoparietal izquierda, con captación heterogénea de contraste y sin edema perilesional. Comenzó tratamiento con ácido valproico y se realizó una resección completa de la lesión. El tumor era de consistencia dura, blanco-grisáceo, avascular y pudo disecarse por completo de la corteza. Presentó crisis cósmicas postoperatorias que precisaron tratamiento combinado con un segundo anticonvulsivo. Anatomía patológica: condroma maduro. Las RM de control han mostrado ausencia de recidiva tras 33 meses de seguimiento.

Discusión. Los condromas comprenden menos del 0,3% de los tumores intracraneales. Hasta la fecha, sólo se han descrito veinte casos de condromas de convexidad en la literatura. Se han propuesto diversas teorías histopatogénicas: metaplasia de fibroblastos menéngicos y tejido meníngeo perivascular, activación traumática o inflamatoria de fibroblastos hacia cartílago, y crecimiento de restos cartilaginosos embrionarios aberrantes en la duramadre. Los condromas presentan características clínicas similares a los meningiomas. La imagen de TAC muestra una masa de densidad variable debido a los diferentes grados de calcificación con mínima a moderada captación de contraste. Los estudios de RM evidencian una masa bien circunscrita sin edema perilesional, de señal hipointensa en T1 y de intensidad mixta en T2, y con captación mínima de contraste. La angiografía los diferencia de los meningiomas. Hasta la fecha, no se ha descrito en la literatura una predisposición al desarrollo de tumores en los pacientes con Noonan ni tampoco la asociación de este síndrome con un condroma de convexidad cerebral.


Introduction

Intracranial chondromas are very rare tumours with an estimated incidence of 0.2 to 0.3% of all intracranial tumours. Most of these neoplasms arise from a synchondrosis located at the skull base, especially in the sellar and parasellar areas. Exceptionally, they may grow from cartilage rests within the dura mater of the convexity or the falx. These tumours are typically diagnosed in young adults and exhibit no clear sex predominance. They may present as raised intracranial pressure, focal neurological disturbances, cranial nerve palsies, hydrocephalus or seizures.

Intracranial chondromas are considered histologically benign lesions, sometimes associated to certain syndromes such as Ollier’s multiple enchondromatosis or Maffuci’s syndrome. A mixed tumour formed by mature cartilage and choroid plexus papilloma has been also reported.

We describe the case of a young male previously diagnosed of Noonan’s syndrome that underwent craniotomy and resection of a large intracranial chondroma arising from the dural convexity. To our best knowledge this is the first report of such association. The literature concerning intracranial dural chondromas is reviewed.

Case report

An 18-year-old male presented with a single generalised seizure which occurred during sleep. The patient was previously diagnosed of Noonan’s syndrome on the basis of his special phenotype: short neck, hypertelorism, broad nasal base, anti-mongoloid ocular obliquity, fish-like mouth, ojival soft palate, cubitus valgus, angel’s wing, retarded sexual characters development, low stature and normal karyotype (46 XY). He was born slightly premature (caesarean section at 34 weeks, weighing 2650 grams) and suffered hydramnios and neonatal sepsis. Two older brothers had died at ages 3 and 16 days postpartum respectively, due to complex cardiac malformations. A patient’s niece was also diagnosed of Noonan’s syndrome and one of his aunts had epilepsy of unknown origin. He was diagnosed of mild pulmonary valve stenosis. He had an abnormal bone development (corresponding to fourteen years-old) and his stature had been below percentile 3 ever since birth.
At the time of admission he was 154 cm tall, weighed 50.9 Kg and he was in Tanner stage III-IV of sexual development. His parents referred mild psychomotor retardation enough as to interfere with normal schooling.

Complete physical and neurological examinations were unremarkable. Laboratory studies detected a mild coagulation defect (Prothrombine time between 60 and 72%; INR: 1.32) but no other abnormality. Echocardiography showed the pulmonary valve stenosis, and hormone values and blood biochemical parameters were normal. A fusion defect of the spinal posterior arch was found at the L5 level. Brain Magnetic Resonance image showed a large well-circumscribed intracranial mass apparently extending from the dural convexity of the left frontal-parietal lobes, with heterogeneous contrast enhancement, no peritumoural oedema and a remarkable space-occupying effect (figure 1). The patient was initiated on valproic acid and he was prepared for surgery after the appropriate informed consent was obtained.

The patient underwent left frontal-parietal craniotomy and complete excision of the tumour. It was infiltrative in the dura mater and eroded the inner table of the skull. It showed a striking lobulated appearance mimicking cortical gyri and sulci (figure 2). A defined arachnoid plane allowed fine dissection from the underlying cortex as in classical convexity meningiomas. The tumour was firm, white-greyish, avascular and too difficult to aspirate with an ultrasound aspirator, so it was carefully resected in several pieces. The overlying dura was also removed and sent for pathologic studies. The inner side of the bone flap was dri-
Within the first 72 hours after the intervention the patient suffered several generalised seizures that required additional anticonvulsant therapy (valproic acid plus phenytoin) for definite control. No neurological defect developed and the patient was discharged asymptomatic at the seventh day. On the basis of the histopathological specimens, a diagnosis of intracranial chondroma of the dural convexity was made. Microscopically, it exhibited well-differentiated cartilaginous cells within a fibrous matrix forming lobulated structures without any signs of malignancy (figure 3). Subsequent brain MRI studies have shown no evidence of recurrence after 33 months of follow up (figure 4). The patient is currently under two antiepileptic drugs (valproic acid and lamotrigine) but he suffers sporadic generalised seizures because of common incompliance with medication.

**Discussion**

Chondromas are extremely rare intracranial tumours (less than 0.3% of all)\(^3\)\(^,\)\(^,\)\(^,\)\(^1\)\(^1\)\(^,\)\(^1\)\(^6\). They basically arise from the synchondrosis located at the skull base and they have been previously associated with Ollier’s multiple enchondromatosis and Maffucci’s syndrome\(^8\)\(^,\)\(^1\)\(^9\). They show equal sex distribution with a peak incidence in the third decade\(^1\)\(^5\)\(^,\)\(^1\)\(^6\). Only twenty-five cases of intracranial chondromas arising from the dural convexity are reported in the literature so far\(^3\)\(^,\)\(^1\)\(^6\).

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**Figure 3.** Microscopical view of the specimen. A: Low grade tumoral proliferation with visible cartilaginous differentiation (Haematoxylin-Eosin x 100). B: Several mature condrocytes without any signs of atypia within a dense chondroid matrix (Alcian Blue x 400).

**Figure 4.** Postoperative MRI: axial, coronal and sagittal views after total excision of the dural chondroma. Residual malacia is still present after 33 months and may contribute to the persistence of epilepsy.
Several histopathogenetic theories have been proposed to explain the formation of such tumours. These are metaplasia of meningeal fibroblasts and perivascular meningeal tissue, traumatic or inflammatory cartilaginous activation of fibroblasts and growth of aberrant embryonal cartilaginous rests in the dura mater (heterotopical condrocytes). It seems likely, although impossible to ascertain, that the existence of embryonic remnants of chondrogenic cells may explain the development of dural chondromas, as considered to be the origin of basal chondromas.

Chondromas present clinical features somehow similar to meningiomas, even though they appear in a younger population. Because of the slow growing nature of chondromas they become very large-sized at presentation. The mass effect of these tumours may result in seizures or focal deficits, as well as, raised intracranial pressure or hydrocephalus. Malignant degeneration has been reported before, especially in partially resected tumours. The radiological features of dural chondromas have been thoroughly reviewed by Nakayama et al. Chondromas are known to be able to erode the inner side of the skull bone due to local tumour growth and they may induce hyperostosis. CT scan imaging shows a mass of variable density appearance due to different degrees of calcification with minimum to moderate contrast enhancement. The centre of the tumour may have low-density, reflecting necrosis or cystic degeneration. MRI studies show a well-circumscribed lesion without surrounding tissue oedema, that exhibit heterogeneous signal with intermediate to low intensity on T1-weighted images and mixed intensity on T2-weighted images. A minimum enhancement after gadolinium administration is expected. Chondromas do not display any dural tail as in classic convexity meningiomas and the latter exhibit a more marked heterogeneous contrast enhancement. Angiogram is clue to differentiate from meningiomas since chondromas are completely avascular extracerebral space-occupying lesions.

Complete tumour resection including its dural attachment should be the goal of surgery since no recurrence is expected to occur after total excision. Long-term prognosis is favourable if no complications follow surgical removal. Epilepsy may persist after tumour removal as in the case presented. Radiation therapy is currently not recommended for residual tumours or inoperable patients since chondromas do not clearly respond to irradiation and it may induce malignant degeneration. As in classic meningiomas, surgical resection is easier when the tumour is located in the convexity compared to skull base chondromas. Its clear subarachnoid plane allows fine dissection from the underlying brain. They are firm, almost completely avascular lesions not invasive or adherent to the surrounding tissues. These features favour their complete resection with a minimum morbidity. As in the case presented, very large tumours need piece by piece resection in order to avoid excessive brain retraction.

Noonan's syndrome (also known as pseudo-Turner syndrome) is a complex familial genetic disorder with an autosomal dominant inheritance pattern, presenting in 1/1,000 people. It was first described in 1963 by a cardiologist (JA Noonan) and a paediatrician (D Ehmke) on the basis of several clinical and cytogenetic findings in a series of nineteen young patients of both sexes with various cardiac malformations, short stature, hypertelorism and skeletal anomalies. Noonan's phenotype resembles that of Turner's syndrome but exhibits no chromosomal defect. Noonan's syndrome is caused by mutations at chromosome location 12q24.1, a gene encoding the non-receptor type 11 protein tyrosine phosphatase. The case described presented with the typical phenotype including hypertelorism, short stature, retarded sexual development and mild mental retardation but showed no severe cardiac anomalies (non-symptomatic pulmonary valve stenosis), even though his older brothers had died postpartum due to congenital heart malformations.

No predisposition of Noonan's syndrome for tumoural development is reported in the literature. In some patients, Neurofibromatosis type 1 (NF-1) demonstrates phenotypic overlap with Noonan's syndrome resulting in the so-called Neurofibromatosis-Noonan's syndrome, which represents a variant of NF-1, caused by mutations in the NF-1 gene. Association of a dural convexity chondroma with Noonan's syndrome is unique as far as the literature is concerned. We can not offer a histogenetic explanation for such association. Even though the concurrence of both may be incidental, we suggest that the presence of aberrant embryonal cartilage remnants could be a special feature accompanying the abnormal tissue development and/or cell migration in Noonan's syndrome, and the ultimate cause for the formation of a dural chondroma.

References