Grading of Iris Color with an Extended Photographic Reference Set

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ABSTRACT

PURPOSE: To present a new iris pigmentation classification system based on comparison of iris pigmentation to a set of 24 standard eye photographs, with the aim of gaining on accuracy and on applicability for retinal straylight studies.

METHODS: A reference set of 24 eye photographs was established by ranking the photographs from least (number 1) to most (number 24) iris pigmentation. Reproducibility was tested by grading a sample of 67 eye photographs with this reference set.

RESULTS: The overall variation between observers was 1.46 on a scale of 0 to 25.

CONCLUSION: The new method is promising to be more accurate than existing iris color classification systems in clinical situations where objective colorimetry-based systems are not available. The method may be useful to assess iris translucency and fundus reflectance as sources of variation in retinal straylight.

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KEY WORDS: iris color; eye pigmentation; grading; straylight; translucency.

INTRODUCTION

It is known from studies in the past that the amount of pigmentation in the eye wall and fundus influences the quality of the image on the retina of the normal human eye. Two main reasons were identified: part of the light projected on to the retina is not absorbed but is reflected back into the eye by the layers of the fundus, and the fact that the eye wall, including the iris, is not optically opaque. Both effects depend on the amount of pigmentation in the fundus and the eye wall respectively. The light originating from fundus reflectance and eye wall translucency does not partake in proper image formation on the retina, but is scattered in the eye to create a veil of light over the retinal image. Together with scattered light originating from optical imperfections in the cornea and the crystalline lens, this light is referred to as retinal straylight. The scatter-induced light veil reduces the contrast of the retinal image and may lead to impairment of the visual function. When this impairment is caused by bright lights at a distance, such as headlights of oncoming cars when driving at night, the term “disability glare” is used.

In previous studies the color of the eye (iris color) was used as an indicator for eye pigmentation. Blue-eyed caucasians were found to have higher retinal straylight values compared to pigmented brown-eyed non-casuals, leading to the conclusion that pigmentation is a source of variation in straylight in normal eyes. Van den Berg et al. showed that this pigmentation dependence is partly caused by variations in transmission of light through the ocular wall. For dark-brown eyes of pigmented individuals transmission was found to be two orders of magnitude lower than for blue-eyed individuals. Furthermore, the authors speculated that variations in fundus reflectance are also partly responsible for pigmentation dependence of straylight, which was later investigated more thoroughly by Vos and van den Berg. The study of van den Berg et al. also showed that variation in pigmentation on the blue side of the eye color spectrum has much more influence on the straylight value than variation on the brown side. This can be understood by realizing that the contribution of straylight can be understood by realizing that the contribution of straylight originating from fundus reflectance and eye wall translucency to the total amount of straylight is larger for less pigmented blue eyes than for well pigmented brown eyes.

To better understand the variation in optical quality of the eye in the normal population, and to be able to more accurately identify sources of increased retinal straylight in pathological eyes, the amount of fundus reflectance and eye wall translucency would need to be estimated, ideally by measuring these.

PALABRAS CLAVE: color del iris; pigmentación del ojo; clasificación; luz dispersa; translucidez.
two factors directly. However, the techniques to do this are not readily available for most clinicians. Therefore, it would be desirable to have a relatively simple and straightforward way to assess these factors in a clinical environment. Grading of iris color seems to be an obvious candidate.

For iris color to be used as a reliable measure of eye pigmentation, its classification should be standardized. In most studies, iris color was subdivided in either 2 (light/dark, 5,6 blue/brown, 10,11 or light-very light/black-brown 12), 3 (blue/grey-green/brown, 13,14 blue/mixture of brown, grey, green and/or yellow/brown, 15 blue/grey-green-mottled/brown, 16 blue/brown/other, 17 blue/grey-green-hazel/brown-black, 18 or blue/green/brown), 4 (grey/blue/hazel/brown, 20 blue/grey-green/hazel/brown, 21 blue/hazel/brown/indeterminate, 22 or blue/brown/green/hazel 23, 5 (blue/grey/green/hazel/brown 24,25 or blue/hazel/green/brown/black 26), or 6 (blue/grey/hazel/brown/black/not clear 27) categories, to be assessed by the investigator and/or the subject. An extensive line of research has been devoted to the effects of prostaglandin analogs and prostamides on iris pigmentation. 28-30 These are drugs used as ocular hypertensive agents in glaucoma patients. Most of these studies used 8, 9 or 10 iris color categories, based on a method introduced by Alm and Stjernschantz. 31

These classification systems, which can be characterized by the term “color naming”, are very subjective, since they do not involve comparison of the eye color to some kind of standardized reference. To improve on this situation, iris color classification systems based on a comparison with some kind of color standard, such as a color chart with 33, 11 colors, 15 painted glass anterior eye segments, 32 3 pictures of artificial eyes, 33 or the 5-grade Boys-Smith pigment gradation lens, 34 have been used. Also, sets of standardized photographs of real eyes have been used as a reference. Moss et al. 35 used a reference set of 6 red reflex photographs, obtained with dilated pupils. In the Beaver Dam Eye Study, a set of 3 reference photographs was defined, 36 to be practically used to classify eye color in 37 or 4 38 categories. A modified version was used to define 5 categories. 39 Seddon et al. 39 developed a system with 4 reference photographs (5 categories), that was also used in later studies. 41-43

Most of these grading systems use 2 to 5 categories for eye color, which is too coarse (discretisation error too high) to discern the subtle differences on the blue side which are expected to induce relatively strong variations in retinal straylight, as explained above. In the last decade some objective classification systems have been proposed, based on automated image analysis by a computer using a calibrated software package (Bee WH, et al. IOVS 1997;38:ARVO Abstract 3797), 44-48 Delori et al. (Delori FC, et al. IOVS 1991;32:ARVO Abstract 2333) explored the use of iris reflectometry as a potential tool for the evaluation of iris pigmentation. These methods offer objective and accurate ways to measure iris color. However, they are not readily available for most clinicians.

In this article, we present a new system for the classification of iris pigmentation, based on the comparison of iris pigmentation to a set of 24 standard photographs. It is intended to be a quick and easy-to-use system that is more accurate than the existing systems. A similar system for the evaluation of diffuse atrophy of the retinal nerve fiber layer was proposed earlier. 49 To be precise, color is a bit of a misnomer for iris classification, because color is essentially a two-dimensional system, while the iris is rarely homogeneous in color. Therefore, we chose to develop a classification system based on (subjective) estimation of iris pigmentation, intended to give a one-dimensional quantity.

METHODS

The eyes of 32 volunteers were photographed with a Sony DSC-S75 digital camera under standardized illumination conditions and camera settings (eyes illuminated by a ring-shaped light derived by fiber optics from a halogen lamp, no flash, shutter speed 1/60 s, ISO value 200, fixed white balance). The volunteers were recruited from coworkers and students within the institute. Care was taken that the whole spectrum of possible iris colors would be included. For the reference set, 24 out of 32 photographs were selected.
by one observer based on image quality and variation in iris color. Three of these 24 eyes were non-Caucasian. Institutional Review Board (IRB)/Ethics Committee decided that approval was not required for this study.

The 24 photographs were independently ranked from least (number 1) to most (number 24) average iris pigmentation by 4 observers with no color deficiencies. The final order for the reference set was determined by the mean scores of these 4 observers.

To investigate the reproducibility of this classification system, a test sample of 67 eye photographs (different from the ones used for the reference set) was graded according to the reference set by 4 observers with no color deficiencies, using a scale from 0 (zero discernable pigmentation) to 25 (darker than picture 24). The observers, of which two had also ranked the reference set, were asked to grade each test photograph on the scale created by the reference set in a global manner, as opposed to comparing each test photograph to one specific reference image.

FIGURE 3
Reference set for classification of iris pigmentation, in order from least (number 1) to most (number 24) iris pigmentation. The presented order is based on ranking by 4 observers. For practical use, this figure can be obtained from the authors upon request.
FIGURE 4
Reproducibility of the iris classification procedure. The iris pigmentation in 67 eye photographs was evaluated by 4 observers using the reference photographs presented in figure 3. The deviation from the mean score is plotted against the mean score. The dashed lines represent the overall 95% confidence interval, based on an overall standard deviation of 1.46. To investigate systematic differences between observers, trend lines for the individual data sets are also plotted.


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