Images in Clinical Rheumatology

Osteomalacia Produced by a Hyperphosphaturic Tumor

Osteomalacia provocada por un tumor hiperfosfatúrico

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Oncogenic osteomalacia is caused by the action of fibroblast growth factor 23 (FGF 23) on the renal proximal tubule, causing hyperphosphaturia and, as a consequence, bone hypophosphatemia and metabolic disease. FGF 23 usually occurs in tumors of mesothelial origin. Less than 150 cases are described in the literature.

Case

A 53 year woman, without notable history, came to the emergency room presenting mechanical, intense pelvic pain and inability to stand or walk. Urgent laboratory analysis highlighted an alkaline phosphatase value of 398 U/l (30–120), the rest of the blood count and biochemistry values were normal. AN AP radiograph of the pelvis showed osteopenia with no other findings. The patient was admitted and a second set of laboratory tests requested: phosphate 1.2 mg/dl (2.5–4.5), alkaline phosphatase 395 U/l (30–120), 1.25 vitamin D3 32.7 ng/ml (30–40), phosphaturia, 1436.00 mg/24 h (400–1300). Other values were normal. An isotope bone scan was requested (Fig. 1), as were a pelvic CT (Fig. 2) and a pelvic MRI. A subsequent physical examination demonstrated that the patient had hard, painless, 2 cm × 2 cm erythematous and bullous lesions on the sole of her left foot. Suspecting a phosphaturic tumor an octreotide scintigraphy was requested and found normal. We requested an MRI of the foot (Fig. 3) and removed the lesion. The pathologic diagnosis was: mixed connective tissue variant mesenchymal tumor. After removal of the tumor, the patient returned to normal blood and urine phosphate values and no new fractures occur.

Discussion

The first case was described by Mc Cance in 1947 and the association of the tumor with metabolic disease was made in 1959 by Prader et al. Less than 150 cases are described in the literature. Most tumors are of mesenchimal origin, with many cases being small and difficult to locate tumors, a situation that delays diagnosis 2.5 years (2.5 months–19 years) on average from the onset of locomotor symptoms. Many of these tumors express somatostatin receptors, therefore labeled octreotide scintigraphy may be useful in the diagnosis. Removal of the tumor often resolves the metabolic disorder.
Fig. 2. CT scan of pelvis showing multiple fractures in different stages of progression at the level of the right pubis and ischium bilaterally.

Fig. 3. MRI of left foot: soft tissue solid tumor, poly-lobular, measuring 5.3 cm × 2.6 cm × 2 cm in a subdermal location, inserted deep into the muscular plane, separated from the bone.

Ethical disclosures

Protection of human and animal subjects. The authors declare that the procedures followed were in accordance with the regulations of the responsible Clinical Research Ethics Committee and in accordance with those of the World Medical Association and the Helsinki Declaration.

Confidentiality of Data. The authors declare that no patient data appears in this article.

Right to privacy and informed consent. The authors must have obtained the informed consent of the patients and / or subjects mentioned in the article. The author for correspondence must be in possession of this document.

References