ABSTRACT

The adverse reactions that may occur during a surgical intervention are of concern to anesthesiologists and allergists due to the civil responsibility they entail and the increased demand for healthcare in allergology units.

The aim of the present study was to determine the prevalence of adverse reactions in our setting (Island of Lanzarote) and modifications to immune response mediators using three types of representative myorelaxants (succinylcholine, cisatracurium and vecuronium) in order to predict and prevent adverse reactions.

Material and methods: We performed a prospective, cross sectional, observational study in a population of 201 patients scheduled to undergo surgery in the Surgery Department of the Lanzarote General Hospital from October 1998. Three groups were retrospectively selected: vecuronium (73 patients), cisatracurium (80 patients), and succinylcholine (48 patients). Blood was extracted from all patients before and after the intervention and the following in vitro variables were evaluated: histaminemia, eosinophil cationic protein, tryptase, IgE to latex, CD4/CD8 fractions, total lymphocytes, total IgE, C3 and C4, and also the histaminuria.

Conclusions: The mean age of the patients was 41 years with a predominance of women. Sixty percent had not previously undergone surgery. The mean operating time was 2 hours. Digestive surgery accounted for the greatest number of interventions (38.8 %) and most of the patients had no personal history of atopy (91.5 %). The greatest number of perioperative reactions was produced by cisatracurium (38.8 %), followed by succinylcholine (27.4 %) and vecuronium (20 %). The reactions observed were immediate type 1 and 2 reactions. All reactions were reversible without sequelae. Histaminuria levels were significantly decreased in the cisatracurium group. Tryptase concentrations in blood did not increase in the postoperative period in any of the three groups. On the contrary, concentrations were significantly lower than basal values. In the vecuronium and succinylcholine groups, CD4/CD8 fractions decreased in the postoperative period. Total IgE tended to decrease in the cisatracurium and succinylcholine groups. IgE to latex was negative in the three groups. Specific IgE to succinylcholine was unmodified. C3 complement fraction was unmodified in all three groups and C4 fraction was reduced in the vecuronium group. In our setting and in our patients, the three myorelaxants produced immunosuppression of immune response mediators. The present study con-

Modification of mediators of immune reaction after general anaesthesia

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RESUMEN

Las reacciones adversas que puedan ocurrir durante una intervención quirúrgica preocupan a los anestesiastas y a los alergólogos por la responsabilidad civil que conlleva y el aumento de la demanda asistencial en las Unidades de Alergología.

El propósito del presente trabajo ha sido valorar la prevalencia de reacciones adversas en nuestro medio (Isla de Lanzarote), y las modificaciones de los mediadores de la respuesta inmune utilizando tres tipos de miorrelajantes representativos como son las succinilcolina, el cisatracurio y el vecuronio, con fines predictivos y preventivos.

Materiales y métodos: Se ha diseñado un estudio prospectivo, transversal, observacional, en una población de 201 pacientes programados para cirugía desde octubre de 1998, en el Hospital General de Lanzarote. Se separaron en tres grupos, anestesiados con Vecuronio (73 pacientes), Cisatracurio (80 pacientes), Succinilcolina (48 pacientes). A todos ellos se les hacía una extracción sanguínea pre y post-operatoria, valorándose los parámetros siguientes: Histaminemia, proteína cationica del eosinófilo, triptasa, IgE al látex, fracciones CD4/CD8, linfocitos totales, IgE total, C3 y C4 y además la histaminuria.

Conclusiones: Edad media de los pacientes, 41 años, predominio del sexo femenino. El 60 % no habían tenido intervenciones previas. Tiempo medio de intervención: 2 horas. La cirugía digestiva supuso el mayor número de intervenciones (38,8 %), seguida de Succinilcolina (27,4 %) y en tercer lugar el Vecuronio (20 %). Las reacciones observadas fueron tipo 1 y 2 de aparición inmediata y en su totalidad reversible sin secuelas.

Los niveles de histaminuria descendieron significativamente en el grupo del Cisatracurio. Ni la histaminemia ni la proteína cationica de los eosinófilos, se modificaron significativamente en ninguno de los tres grupos. La triptasa en sangre no aumentó en el postoperatorio en ninguno de los grupos. Por el contrario hay una disminución significativa con respecto a sus valores basales.

La relación CD4, CD8 se modificó en los grupos del Vecuronio y Succinilcolina, disminuyendo en la situación postquirúrgica. Los linfocitos totales disminuyeron en los tres grupos. La IgE total tiende a bajar en los grupos del Cisatracurio y Succinilcolina. La IgE específica al látex fue negativa en los tres grupos. La IgE específica a la Succinilcolina no se modificó.

La fracción C3 del complemento no se modificó en ninguno de los tres grupos, y la fracción C4 se redujo en el grupo del Vecuronio.

En nuestro medio (Lanzarote) y en nuestros pacientes, los tres miorrelajantes produjeron una inmunosupresión de los mediadores de la respuesta inmune. El presente estudio corrobora la no indicación de pruebas alérgicas a miorrelajantes en pacientes en situación preoperatoria.


INTRODUCTION

Allergic reactions, or supposed ones (anaphylactoid) aroused during anaesthesia, are a worldwide concern among anaesthesiologists, since they are sudden events able to provoke serious anoxic consequences, serious enough even to imply legal responsibilities. In the last ten years, several symposia focusing on this topic have been organized in France, England and Germany. Their main objective was the understanding of the underlying mechanisms and the agents involved, and also the suggestion of preventive actions\textsuperscript{1,2}. Early on, IgE-dependent mechanisms were rarely evoked, and only was accepted the liberation of histamine due to hypotonic and certain coadjuvants\textsuperscript{3,4}. After 1970, general conscience is gained about the importance of studies about allergologic tests and myorelaxants. This was mainly due to the collaboration studies among anaesthetists, biochemists and allergologists, allowing the implementation of IgE-dependent anaphylactic tests (skin tests, specific-IgE and muscle relaxant dosage, tryptase, etc.). Since the incidence of these reactions is quite low, its study requires gathering of a high number of patients was needed to implement and validate these tests. This is the reason why some institutions have been appointed as a reference in different countries such as France, England, Australia, New Zealand, Norway and Denmark, to unify the patients and perform the allergologic studies\textsuperscript{5,6}.
It is considered today that around half the cases of per-surgical anaphylactoid reactions have an immunologic cause. The incidence of these reaction could be established between 1/10,000 and 1/20,000 cases in Australia, and about 1/13,000 in France.

Among the 4,400 anaphylactic cases of demonstrated per-anaesthetic origin, demonstrated after alergologic studies and published in international literature, since 1981 curare-like drugs are the cause of 62%, followed by 16.5% of latex, 7.4% of hypnotics, 4.7% of antibiotics and 3.6% of plasma substituents (among them, 93% due to gelatines). Opioids are rarely involved, with 1.9%.

The releasing effect of histamine over the drugs used in general anaesthesia has been widely studied since 1939, when Allan accidentally reported that administration of curare (a complex mix of alkaloids, among which D-tubocurarine, a skeletal muscle relaxant, is remarked) provoked an increase in histamine. Though medical literature reports that all anaesthetic drugs have a histamine release effect, this is not totally correct due to several reasons. First because the alleged releasing effect of some of these drugs has not yet been confirmed. Also, because factors different from those drugs administered, have often been disregarded. Some of them are able to provoke histamine liberation to bloodstream during anaesthesia; as an example, we know that just the stress associated to the patient's presence in the surgery room generates high basal levels of histamine. Also, endotracheal intubation, and even anaesthesia tests has increased as consequence of a network of allergo-anaesthetic consulting facilities, where performance of tests should follow physician’s recommendations. This author also insists on a close collaboration between allergy and anaesthesia specialists in these facilities. This would allow the achievement of coherent conclusions and ultrior anaesthesia guidelines able to improve patient’s safety. It is recommended that, in diagnosis of anaphylaxis, testing of serum tryptase and histamine is done after 1 hour, and also 8 weeks, of skin tests generation.

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The next in vitro study methods were achieved:

**Histamine in blood**

The Immunotech (Luminy, France) protocol was followed, using 125I antibody (Immunotech) against histamine. 600 µL of plasma were used. Plasma was always stored at –20°C. Reference value for healthy individuals was –90 nMol/l. Gastric section increased to 9-18 nMol/L, tachycardia: 27-45 nMol/L, broncoespasm: 63-108 nMol/L. pH was 4-5.

**Histamine in urine**

Anticoagulant used was HCl, samples were preserved at –20°C. Method used was from Immunotech (Luminy, France) (EIA). Reference values were: 45-270 nMol/l, and 75-450 nMol/24 hours. Excreted ureine methylhistamine. It was used as standard marker in cases of bronco spasm. Current
and standard tests were used to study presence of elements causing anaphylactic reactions, such as skin tests, histamine release tests and RAST.

**Tryptase in serum**

A sample of 500 µl was used. Samples were refrigerated until use, fluoroimmunoanalysis method were used (ICAP System). Reference values were of 5.5-13.5.

**Tryptase in mast cells**

This was used to characterize degranulation. Sera were obtained in the next 1-4 hours after reaction started. Sera were centrifuged and frozen until use. When tryptase is positive, less than 20 ng/mL indicates an IgE-mediated reaction (for example, anaphylaxis). Only a small percentage of patients presenting reactions associated with basophils, instead of mast cells, may have normal levels of tryptase in mast cells when suffering anaphylaxis.

**Eosinophil Cationic Proteins**

Samples were of 500 µL. Samples were refrigerated until use. Fluoroimmunoanalysis method was used (CAP System). Reference values were of 2.0-18.0.

**CD4/CD8 cells**

Haematologic counter: Peutro RO. Flux cytometer: XL2 MCH CONTER. Monoclonal antibody used was Cy T0-Sarat-Couller-Clone, using DR1 in T4 and FIK in T8.

**CH100: Total Haemolytic Complement**

Supplied by The Binding-Sitar. Spectrometry was performed with ShIM OD2 U-W-160. Sera samples were of 200 ml, stored at ~20 °C. Reference values were of 45-270 nMol/T, valued were of 75-450 nMol/24 hours.

**Total and specific IgE**

Standard procedures and techniques were used, such as CAP System or RIA.

**Latex allergen**

KB2 (Pharmacia) was used and determination was achieved by CAP System (Pharmacia).

**RESULTS**

Summarized in tables I to XII:

**Table I**

<table>
<thead>
<tr>
<th>Characteristics of our patients</th>
<th></th>
</tr>
</thead>
<tbody>
<tr>
<td>Age</td>
<td>41 ± 14.9</td>
</tr>
<tr>
<td>Gender</td>
<td></td>
</tr>
<tr>
<td>H</td>
<td>88</td>
</tr>
<tr>
<td>V</td>
<td>113</td>
</tr>
<tr>
<td>Total</td>
<td>201</td>
</tr>
<tr>
<td>Surgery Duration</td>
<td></td>
</tr>
<tr>
<td>&lt; 2 h</td>
<td>101 (52.9 %)</td>
</tr>
<tr>
<td>&gt; 2 h</td>
<td>31 (15.2 %)</td>
</tr>
<tr>
<td>&lt; 2 h</td>
<td>59 (29.9 %)</td>
</tr>
</tbody>
</table>

**Table II**

<table>
<thead>
<tr>
<th>Kind of Surgery</th>
<th>Number (%)</th>
</tr>
</thead>
<tbody>
<tr>
<td>Digestive Surgery</td>
<td>78 (38.8)</td>
</tr>
<tr>
<td>Urology Surgery</td>
<td>8 (4)</td>
</tr>
<tr>
<td>Trauma Surgery</td>
<td>72 (35.8)</td>
</tr>
<tr>
<td>Gynaecologic Surgery</td>
<td>30 (14.9)</td>
</tr>
<tr>
<td>Otorino Surgery</td>
<td>13 (6.5)</td>
</tr>
<tr>
<td>Total</td>
<td>201 (100)</td>
</tr>
</tbody>
</table>

**Table III**

<table>
<thead>
<tr>
<th>Atopy personal history</th>
<th>Number (%)</th>
</tr>
</thead>
<tbody>
<tr>
<td>With a Personal History of Atopy</td>
<td>17 (8.5)</td>
</tr>
<tr>
<td>Without a Personal History of Atopy</td>
<td>184 (91.5)</td>
</tr>
<tr>
<td>Total</td>
<td>201</td>
</tr>
<tr>
<td>Adverse Preanaesthetic Reactions</td>
<td>1 (0.5)</td>
</tr>
<tr>
<td>Preanaesthetic Perenne Rhinitis</td>
<td>2 (10.0)</td>
</tr>
<tr>
<td>Asthma</td>
<td>6 (35.3)</td>
</tr>
<tr>
<td>Allergy to Drugs</td>
<td>3 (17.6)</td>
</tr>
<tr>
<td>Food Allergy</td>
<td>4 (23.5)</td>
</tr>
<tr>
<td>Allergy to Latex</td>
<td>0 (0)</td>
</tr>
<tr>
<td>Total</td>
<td>17</td>
</tr>
</tbody>
</table>
Table I: patients’ characteristics. Average age was 41 years, higher in females than in males, and the majority having 2-hour surgery.

Table II: the kind of surgery performed, showing digestive surgery as the most represented, with 38.8%.

Table III: family history and atopic history. The majority of our patients did not have an atopy personal history (184). It describes patients with asthma (6; 35.3 %), food allergy (4; 23.5 %); perennial rhinitis (3; 17.65 %) and drug allergy (2; 17.65 %).

Table IV: adverse reactions including peri-surgical clinical manifestations, being a higher for Cisatracurio (38.8 %), followed by Succinylcholine (27.4%) and Vecuronio (20.9 %).

Table V: histaminuria in different patients. It is appreciated that histamine is not clearly modified by Vecuronio; on the other hand, it is modified by Cisatracurio and Succinylcholine. Histaminemia, as shown in table VI, is not modified in none of the three groups.

Table VII: eosinophil cationic protein is modified only in the Succinylcholine group, but with no increase of its level.
Table VIII: levels of tryptase in blood are clearly modified by Vecuronio and Cisatracurio. Succinylcholine has not the same effect, since values tend to be smaller.

<table>
<thead>
<tr>
<th>Table VIII</th>
<th>Table IX</th>
<th>Table X</th>
</tr>
</thead>
<tbody>
<tr>
<td>Eosinophil Cationic Protein</td>
<td>CD4/CD8 Ratio</td>
<td>CD4 Cells</td>
</tr>
<tr>
<td>Basal</td>
<td>Post-anaesthesia</td>
<td>P</td>
</tr>
<tr>
<td></td>
<td>Total</td>
<td>Low</td>
</tr>
<tr>
<td>Vecuronio</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Low</td>
<td>0</td>
<td>0</td>
</tr>
<tr>
<td>Normal</td>
<td>54</td>
<td>6</td>
</tr>
<tr>
<td>High</td>
<td>19</td>
<td>4</td>
</tr>
<tr>
<td>Total</td>
<td>73</td>
<td>10</td>
</tr>
<tr>
<td>Cisatracurio</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Low</td>
<td>5</td>
<td>0</td>
</tr>
<tr>
<td>Normal</td>
<td>59</td>
<td>13</td>
</tr>
<tr>
<td>High</td>
<td>16</td>
<td>9</td>
</tr>
<tr>
<td>Total</td>
<td>80</td>
<td>22</td>
</tr>
<tr>
<td>Succinylcholine</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Low</td>
<td>2</td>
<td>1</td>
</tr>
<tr>
<td>Normal</td>
<td>32</td>
<td>11</td>
</tr>
<tr>
<td>High</td>
<td>14</td>
<td>9</td>
</tr>
<tr>
<td>Total</td>
<td>48</td>
<td>21</td>
</tr>
</tbody>
</table>

Table VIII: levels of tryptase in blood are clearly modified by Vecuronio and Cisatracurio. Succinylcholine has not the same effect, since values tend to be smaller.

Table IX: Cisatracurio and Succinylcholine, being lower, significatively modify the CD4/CD8 ratio.

Table X: number of CD4 cells is clearly smaller by Cisatracurio and Succinylcholine. Similar result
were observed for CD8 cells in the Succinylcholine group.

Table XI: absolute values for CD4 cells; it is appreciated a clear decrement by Vecuronio, Cisatracurio and Succinylcholine. Same results are obtained for CD8 (data not shown).

Table XII: represents IgE specific to latex.

DISCUSSION

Our article studies modifications of mediators in patients that did not have any anaphylactic reaction during surgery. Most of the literature recommends, as diagnostic means of anaphylaxis, testing of serum trypptase and plasma histamine, methyl-histamine in urine and specific IgE. Also skin tests are recommended 6 to 8 weeks after suffering an alleged anaphylactic reaction\textsuperscript{12-15}. See tables I, II and III for description.

We found adverse reactions of Grade 1, corresponding to a histamine release of 1 g/ml, mainly based in the apparition of erythema, urticaria or itching, with the following percentages:

1. Cisatracurio, 38.8 %. Is followed by the highest level of skin reaction in intradermal tests performed in our Unit, at the Hospital Universitario Insular de Gran Canaria. They were followed by 27.4 % for Succinylcholine and 20.9 % for Vecuronio. These patients did not have a family history of atopy, which coincides with other published works. They do not show a relationship between atopy and adverse reactions to myorelaxants\textsuperscript{16}, from a predictive point of view. We did found neither anaphylactic reaction in any of our patients, nor sensitisation to latex, compared to other works describing approximately 50 % present IgE-depending reactions\textsuperscript{17}. Also, latex was 16.5 % of anaphylactic reactions among 4,400 cases described in reference institutions; this being demonstrated by allergologic studies and reported in international literature\textsuperscript{15}. This discrepancy in the results is due to the fact that those studies study all patients in a reference institution, and also because surgical material free of latex is on use, lately.

2. Risk factors are a controversial topic and we do not have predictive clinical parameters. Female patients are 4 to 1 more affected than male ones, reaching some series a prevalence of 74 % in Tiopenatal muscle relaxants and latex\textsuperscript{18}. Though this last case is not surprising, since in all prevalence studies was performed with hospital staff of female majority\textsuperscript{19}. It has also been published that atopy, allergy or asthma, may be a predisposing factor in some series (3 to 5 times higher), though some authors did not reach these conclusions\textsuperscript{20} since different definitions of atopy are used.

A history of asthma or allergy as predictors of anaphylactic reactions has very low sensitivity and specificity and implies unacceptable chances of false alarm. This relationship seems to be more real in sensitisation to latex\textsuperscript{21}. In asthmatic patients, the only factor proved to worsen this pathology under anaes-
Prevention of this sort of reaction is not significant in patients with previous anaphylactoid reactions, having variable serious-ness. In only 25 patients, they could study variations in immune mediators, and skin tests in only 8 of them.

CONCLUSIONS

1. Adverse reaction were low, when they appeared. From the 201 patients, only 17 had a previous history of atopy. Digestive surgery represents the majority of patients (38.8 %), with an average surgery time of two hours.

2. No adverse reaction to latex was found. Levels of specific IgE against latex were 0.

3. Histaminuria levels were clearly modified in those patients treated with Cisatracurio and Succinylcholine, being lower in both groups.

4. Histaminemia is not significantly modified in any of the three groups.

5. Eosinophil cationic protein is clearly modified in the Succinylcholine group, being higher in two cases with previous normal values.

6. We did not find high previous levels of tryptase in blood, being this modified after treatment in the three groups. With Cisatracurio, normal cases decreased from 48 to 11, and with Vecuronio normal cases changed from 36 to 10.

7. CD4/CD8 ratio was significantly modified with Cisatracurio and Succinylcholine. It decreased in 15 cases from 69 patients with normal values, on the other hand, from 8 patients with high level, in three of them decreased. In the Succinylcholine group, from 7 patients with low levels, 3 became normal; from 36 normal, 7 decreased, and from 5 with high levels, 4 were normalized.

8. Levels of CD4 cells were modified with Cisatracurio and Succinylcholine. In the first case, from 64 patients with normal levels, in 17 was decreased. After Succinylcholine, from 38 patients, 9 had lower levels.

9. Levels of CD8 cells were modified with Cisatracurio and Succinylcholine, being lower in 7 from 68 normal patients, and in 3 from high-level subjects. Something similar occurs with Succinylcholine; 5 decrease out of 38 normal ones, and in 6 cases with high levels, 3 decrease.

10. Total levels of lymphocytes are modified, with a trend to lymphopenia.

11. Total IgE is significantly modified with Cisatracurio and Succinylcholine, decreasing from 23 to 11 normal determinations in the first case, and in the second case from 13 to 11.

12. Fractions of C3 complement are not clearly modified in none of the 3 groups. On the other hand,
C4 is modified in the Vecuronio group, where 12 out of 52 are now lower.

13. In general, level modifications of immune mediators in our study are not clearly significant, with the exception of a pathological alteration (this is, level increase in normality). Surprisingly, in many cases of histaminemia or histaminuria, levels are lower.

REFERENCES