Image of the month

Intestinal Obstruction and Megarectum

Megarrecto condicionante de oclusión intestinal

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The patient is a 68-year-old male who came to the Emergency Room complaining of symptoms of bowel obstruction. Abdominal radiography showed a coffee-bean sign suggestive of sigmoid volvulus (Fig. 1). However, by extending the study with an abdominal computed tomography scan, a voluminous megarectum was detected (Fig. 2).

The causes of megarectum in adults include Hirschprung disease, functional anorectal obstruction and certain neuroendocrine disorders, although it is frequently classified as idiopathic. Treatment is medical, involving enemas and laxatives; however, surgery can be necessary in refractory cases.

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