Short communication

Debut of Leber’s hereditary optic neuropathy. Macular segmentation analysis using optical coherence tomography

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ABSTRACT

Case report: Two clinical cases are presented of two family relatives newly diagnosed with Leber hereditary optic neuropathy (LHON) and G11778A mutation analysis by optical coherence tomography (Cirrus HD-OCT, Carl Zeiss Meditec, Dublin, California, USA) layer peripapillary fibers retina (RNFL) and ganglion cell and internal plexiform layers (GCL/IPL) using macular segmentation.

Discussion: The analysis of the macula by OCT segmentation (version 6.0 Cirrus OCT) allows the GCL/IPL to be evaluated without the interindividual variability of peripapillary RNFL distribution or the presence of edema of the optic disk. When an analysis of the peripapillary RNFL, it does not provide information on this neuronal damage, which itself is evidence in the study of GCL/IPL.

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Debut de neuropatía óptica hereditaria de Leber. Análisis mediante segmentación macular con tomografía de coherencia óptica

RESUMEN

Caso clínico: Se presentan los casos clínicos de 2 familiares directos diagnosticados recientemente de neuropatía óptica hereditaria de Leber (NOHL) mutación G11778A así como el...
Introduction

Leber hereditary optic neuropathy (LHON) is a neurodegenerative disease of mitochondrial maternal inheritance which involves the optic nerve, producing a sudden loss of visual acuity (VA) in young carrier adults which, in some cases, can partially improve (60% in mutations 3460 and 14,484 and 5% in 11,778). The prevalence of LHON is of one patient between 15,000 and 50,000 inhabitants, with onset usually between the age of 15 and 30, with sequential mono-or binocular involvement and severe irreversible impairment in the majority of cases. Over 90% of the mutations which account for LHON occur in positions 11,778, 3460 and 14,484.1–6

LHON ophthalmoscopy reveals papillary telangiectasias, disk edema and absence of leak in angiography, although in many cases it could exhibit a normal appearance which subsequently evolves toward optic disk atrophy. Differential diagnostic should consider other optic neuropathies such as dominant autosomic optic atrophy or the Wolfram syndrome.2,3,5

Two cases of simultaneous LHON debut in 2 direct relatives with mutation G11778A are presented, together with optic coherence tomography analysis (OCT) (Cirrus HD-OCT, Carl Zeiss Meditec, Dublin, California, USA) of the peripapillary retina nerve fiber layer (RNFL) and ganglion cell layer/retinal internal plexiform (GCL/IPL) by means of macular segmentation.

Case reports

Case 1: Male, 20, who referred sudden vision reduction in the right eye (RE) with 2 weeks evolution, followed 5 days later by the left eye (LE). The patient did not exhibit any of the residual or ocular symptoms, relevant family history or any drug allergy. He visited the emergency department, where the initial examination produced VA of finger counting in both eyes (BE), normal anterior pole, intraocular pressure of 12 mm Hg in BE and ocular fundus (OF) with slightly engorged vessels and papillary paleness in BE (Fig. 1). Refraction analysis under cycloplegia produced +0.50 in BE. The patient was referred to the Neuro-ophthalmology unit where he was diagnosed with LHON, mutation G11778A. OCT analysis of the peripapillary retina nerve fiber layer (Fig. 2 left) exhibited slight edema in the nasal and superior quadrants in RE and slight temporal atrophy in LE edema in nasal and superior quadrants in RE and temporal atrophy in LE. Macular segmentation exhibited generalized GCL/IPL atrophy in BE (Fig. 2 right).

Case 2: Female, 38, cousin of the previous patient, who referred sudden loss of vision in LE with one week evolution without any other relevant visual or ocular symptom. Upon exploration, the patient exhibited VA of 1.0 in RE and finger counting in LE, normal anterior pole, intraocular pressure of...
16 mmHg in BE and OF with slight vascular tortuosity in BE and asymmetric excavation (0.3 in RE and 0.5 in LE) (Fig. 3). Extrinsic ocular motility was normal and exhibited relative afferent pupil defect in LE. Refraction analysis under cycloplegia revealed +0.00 in BE. The patient was examined at the Neuro-ophthalmology unit and diagnosed with LHON mutation G11778A. Peripapillary RNFL analysis with OCT (Fig. 4 left) exhibited slight edema in RE nasal quadrant and incipient atrophy in LE temporal quadrant. Macular segmentation exhibited normal values in the RE and generalized GCL/IPL atrophy in LE (Fig. 4 right).

Discussion

Ocular fundus examination in acute LHON could reveal optic disc inflammation, vascular tortuosity and even peripapillary telangiectasia as in the first case presented above. However, minute changes can be identified which could be regarded as being within normality ranges as in the second patient. OCT can reveal peripapillary RNFL inflammation, mainly in the temporal and inferior quadrants, with the involvement of the papillomacular bundle, although it could be nonspecific with alterations which make the diagnosis difficult, as in the 3 eyes with NHOL presented herein, subsequently evolving toward progressive atrophy.

However, studying the macula with OCT segmentation (OCT-Cirrus version 6.0) enables an assessment of the GCL/IPL

Fig. 2 – Case 1: peripapillary retina fiber layer analysis (left) and macular segmentation with generalized atrophy in both eyes (right).

Fig. 3 – Case 2: ocular fundus with vascular tortuosity in both eyes and asymmetry in papillary cup.
without the variable distribution of peripapillary RNFL due to the differences of the papilla between different patients or the presence of edema in the optic disk, which conceals neuronal damage. In the 2 cases presented herein-3 eyes affected by LHON-peripapillary RNFL analysis does not provide information on existing neuronal damage, which is evident in the study of the GCL/IPL as this is the layer, in the papillo-macular bundle, which is most intensely affected by neuronal damage occurring in LHON.

By way of conclusion, macular segmentation is a very useful option for assessing the condition of the retinal GCL/IPL layer in acute OCT analysis of peripapillary RNFL does not provide specific information on existing and underlying neuron damage.

**Conflict of interest**

No conflict of interests has been declared by the authors.

**REFERENCES**


