CASE REPORT

A rare laryngeal tumor in a patient with thyroid papillary cancer: granular cell tumor

Um raro tumor de laringe em paciente com carcinoma papilífero da tireoide: tumor de células granulares

Sheng-Yao Cheng, Li-Hsiang Cheng, Yi-Shu Liao, Wen-Sen Lai

Introduction

Granular cell tumor (GCT), Abrikossoff's tumor, is a rare tumor, especially that occurring in the larynx. It may share similar appearance and symptoms with laryngeal granuloma, polyp, or nodule although they have different etiology and features (Table 1). The diagnosis must be made by histological examination. In the past decades, the origin of GCT remained controversial but current mainstream opinion regarded it as of neuroectodermal origin according to immunohistochemical staining. Here we presented a patient with a history of papillary thyroid carcinoma under regular follow-up who was diagnosed recently with a GCT of the larynx. The related literatures were also reviewed.

Case report

A 35-year-old female presented with a 10 month history of progressive painless hoarseness and easy voice fatigue. Three years ago, she was diagnosed with papillary thyroid cancer and received total thyroidectomy and Iodine-131 therapy. Since then, she has been under daily levothyroxine supplement (0.1 mg per day) and regular follow-up. She has been smoking 20 cigarettes per day over 10 years but without voice abuse history. There was no palpable neck mass on physical examination. Due to the persistent symptom, she came to our clinic where indirect laryngoscopy showed a white tumor lesion at right posterior third vocal fold with mucosal cover and unclear border which led to failure of glottis closure during phonation (Fig. 1). Because of her history and the appearance of tumor, primary laryngeal malignancy or recurrent papillary thyroid carcinoma metastasis was suspected. The tumor was completely excised through microlaryngeal surgery with cold knife under general anesthesia. The lesion measured about 0.5 cm × 0.2 cm in size and was totally embedded for sections. Histopathologic examination revealed one nodular lesion with pseudop epitheliomatous hyperplasia. Under hematoxylin-eosin (H&E) staining, polygonal cells with abundant eosinophilic granular cytoplasm and small uniform nuclei arranged in nests was impressed (Fig. 2). There was no

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Table 1  Vocal fold lesions.

<table>
<thead>
<tr>
<th>Vocal fold lesions</th>
<th>Features</th>
<th>Common causes</th>
<th>Treatment</th>
</tr>
</thead>
<tbody>
<tr>
<td>Nodule</td>
<td>Usually bilateral</td>
<td>Chronic voice abuse</td>
<td>Speech therapy</td>
</tr>
<tr>
<td></td>
<td>Smaller</td>
<td></td>
<td>Excision</td>
</tr>
<tr>
<td>Polyp</td>
<td>Often unilateral</td>
<td>Acute voice abuse</td>
<td>Behavior modification (quit smoking, speech therapy)</td>
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<tr>
<td></td>
<td>Obvious surface</td>
<td>Chronic irritation (For example, smoking, gastroesophageal reflux)</td>
<td></td>
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<tr>
<td></td>
<td>Blood vessel</td>
<td></td>
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<tr>
<td>Granuloma</td>
<td>Often bilateral</td>
<td>Repeated trauma (For example, intratracheal intubation)</td>
<td>Excision</td>
</tr>
<tr>
<td></td>
<td>Larger</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Granular cell tumor</td>
<td>Single</td>
<td>Unknown</td>
<td>Excision</td>
</tr>
<tr>
<td></td>
<td>Unilateral</td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td>Most common at posterior glottis</td>
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Thus, metastatic malignancy should be considered for differential diagnosis of laryngeal tumors.

GCTs are uncommon neoplasms and can be found in any organ of the whole body. About half of the cases are found in the head and neck, with the tongue being the site most affected in this region. The larynx being affected by GCT is as rare as 3–10% of all cases. Different from other common laryngeal lesions such as polyp or nodule, GCT showed slight female predominance, and no causal relationship between GCT and voice abuse had been established. The symptoms of GCTs vary with tumor size and localization. Weakening hoarseness is the most common symptom. However, lump sensation in the throat, dry cough, hemoptysis, and odynophagia can also be present. Grossly, laryngeal GCTs are characterized as being firm, round, mucosa-covered

Figure 1  Preoperative indirect laryngoscope finding: a white tumor lesion was at right vocal fold with mucosal cover and unclear border which led to failure of glottis closure during phonation.

Figure 2  The tumor comprised round or polygonal cells with abundant eosinophilic granular cytoplasm and small uniform nuclei arranged in nest and sheet patterns (H&E, 400×).
masses located most frequently in the posterior two-thirds of the vocal folds although other sites such as arytenoid, posterior cricoid region, supra- or subglottic areas have also been described.

They often resemble vocal fold granulomas, polyps, and even malignant lesions. Consequently, the definite diagnosis was made by histopathological examination which demonstrated polygonal cells with thickening of the cell membrane and abundant eosinophilic intracytoplasmic granules. The origin of GCT remained controversial. It was first described by Abrikossoff, in 1926, who named it as myoblastoma that was considered from skeletal muscle cells base on their cyto logic picture. However, recent immunochemistry studies have provided better evidences of the origin of this tumor which show positive for S-100 protein, neuron-specific enolase, and CD68 but negative for muscular markers such as myoglobin, keratin, and desmin. These staining characteristics suggested that they originate from the neuroectodermal tissue or Schwann cells rather than muscle cells. In recent immunohistochemical study, GCTs have a component of endomesenchymal origin suggested by Simona Gurzu et al.

Most GCTs are benign with slow growth, only 1–2% of all cases occur as malignant tumors which showed more nuclear pleomorphism, high nuclear to cytoplasmic ratio, and increased mitotic activity on histologic examination. In addition, malignant tumors tend to exceed 4 cm in size with invasion of adjacent structures or metastases. The coexistence of GCT and other malignant neoplasms in the same organ has been reported in multiple organ including tongue and larynx. Sometimes, biopsy or subtotal resection was too superficial to distinguish pseudoepitheliomatous hyperplasia (PEH) which appears on the mucosal layer in half of all cases of laryngeal GCTs from squamous cell carcinoma. In view of these problems, the treatment aimed at complete excision using laser or cold instruments and minimal functional damage. After complete resection, most cases can be cured, but recurrence still presents in 2–21% of all cases, usually at the primary site. Therefore, the patients need to be under follow-up with laryngoscopy to confirm complete recovery.

**Conclusion**

In conclusion, laryngeal GCT is a rare and benign tumor. However, the possibility of coexistence with malignant neoplasm and voice disturbance were of concern. Complete resection with laser or cold knife for pathologic examination should be performed. To our best knowledge, this is the first case of glottic GCT in patients receiving levothyroxine supplement after total thyroidectomy. In this patient, although we cannot provide evidence that tumor growth is mediated by levothyroxine stimulation; more cases should be collected for analysis to understand the etiology of this rare tumor.

**Conflicts of interest**

The authors declare no conflicts of interest.

**References**