Usefulness of Troponin I for Predicting Systolic Dysfunction in Acute Coronary Syndromes. Results of a Prospective and Quantitative Study

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INTRODUCTION

Ventricular function is the best predictor of death after an acute coronary syndrome.1 Markers of myocardial damage provide information on systolic function,2 as well as the diagnosis and the prognosis.3,7 In acute coronary syndromes with elevation of the ST segment, troponin values show an inverse correlation with left ventricular ejection fraction.2 In cases without ST segment elevation, this relationship has not been analyzed in depth, although troponin I, together with other factors,3,8 has been shown to provide important prognostic information. The present study prospectively analyzes the relationship between maximum troponin I values and systolic function, determined by quantitative contrast ventriculography, in a consecutive group of patients presenting for the first time with an acute coronary syndrome.

PATIENTS AND METHOD

Study group

The study group consisted of 137 consecutive patients hospitalized for a first acute coronary syndrome, who underwent cardiac catheterization before hospital discharge. Among 195 catheterized patients, 58 cases were excluded because ventriculography or echocardiography suggested previous disease. The study included 60 patients (44%) with ST segment elevation (>1 mm in two or more contiguous leads that did not resolve with nitrates) and chest pain >30 min, and 67 (56%) patients without ST...
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Contrast ventriculography in the right anterior oblique projection was carried out at a median of 4 days (range, 2-5 days). A digital system (Integris HM 3000; Philips, Holland) was used to analyze left ventricular function. Ejection fraction was calculated by the area-longitude method and regional ventricular function was determined by the centerline method.\textsuperscript{10} The extent of regional dysfunction was defined as the number of hyperkinetic chords: less than -1 SD with respect to the normal population. In keeping with previous data,\textsuperscript{11} ejection fraction <50% and extent of regional dysfunction >6 chords were considered significant.

### Statistical analysis

Continuous variables were expressed as mean±SD and non-parametric variables as median and interquartile range. Categorical variables were expressed as percentage and were compared with the $\chi^2$ test; relative risks and 95% confidence intervals (CI) were calculated. The relationship between systolic function parameters and maximum troponin value was analyzed by the Spearman correlation coefficient. The area under the ROC curve was used to quantify the precision of troponin I for detecting the presence of systolic dysfunction. In all cases a $P<.05$ was considered significant. Statistical analyses were performed with the SPSS 9.0 software package (Chicago, Illinois).

### RESULTS

Among the total study group, mean age was 60±12 years and 78% were men. The median and interquartile range of troponin I values was 6.6 (0-58.7) ng/mL. Ejection fraction was 67%±16% and the extent of regional dysfunction was 8 (0-58.7) chords. Regional dysfunction >6 chords was observed in 78 cases (57%) and ejection fraction <50% in 20 cases (15%).

In the overall series, the highest troponin values were related with poorer ejection fraction and greater extent of regional dysfunction ($P<.0001$) (Table 1). Maximum troponin I value was accurate for the detection of cases

### TABLE 1.

| Correlation between systolic function and maximum troponin I |
|-----------------|-----------------|--------|
|                  | EXT             | EF     |
| Total patients   |                 |        |
| No ST segment elevation | 0.48 (P<0.001) | -0.41 (P<0.001) |
| ST segment elevation | 0.23 (P<0.05)  | -0.11 (P<0.3) |

EXT indicates extent of regional dysfunction; EF, ejection fraction

### TABLE 2.

<table>
<thead>
<tr>
<th>Predictive values, sensitivity and specificity of troponin I for detecting regional dysfunction (EXT&gt;6 chords) and overall dysfunction (EF&lt;50%)</th>
</tr>
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<tbody>
<tr>
<td>Cut-off point (ng/mL)</td>
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<tr>
<td>-----------------------</td>
</tr>
<tr>
<td>Total patients (n=137)</td>
</tr>
<tr>
<td>EXT&gt;6 chords</td>
</tr>
<tr>
<td>EF&lt;50%</td>
</tr>
<tr>
<td>No ST segment elevation (n=77)</td>
</tr>
<tr>
<td>EXT&gt;6 chords</td>
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<tr>
<td>EF&lt;50%</td>
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<tr>
<td>ST segment elevation (n=60)</td>
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<tr>
<td>EXT&gt;6 chords</td>
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<td>EF&lt;50%</td>
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</tbody>
</table>

AUC (95% CI) indicates area under the ROC curve with 95% confidence intervals; SP, specificity; EXT, extent of regional dysfunction; EF, ejection fraction; SE, sensitivity; NPV, negative predictive value; PPV, positive predictive value.
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with ejection fraction <50% (area under the ROC curve: 0.86 [0.80-0.92]; Table 2). Division of maximum troponin values into quartiles disclosed a gradual increase in the percentage of patients with regional dysfunction, but differences were only significant when the uppermost and lowermost quartiles were compared: relative risk and 95% CI of 7 (2.3-21.2) for regional dysfunction and 1.6 (1.2-2.1) for ejection fraction; \( P < .0001 \) in both cases (Figures 1 and 2).

Patients without ST segment elevation \( (n=77) \) presented a smaller percentage of cases with regional dysfunction >6 chords (42% vs 77%; \( P < .0001 \)) and with ejection fraction <50% (5% vs 28%; \( P < .0001 \)) than patients with ST segment elevation \( (n=60) \). Maximum troponin I value was higher in patients with elevated ST segment receiving thrombolytic treatment \( (n=30) \) than in those without treatment \( (n=30) \): 100 (56-121) vs 15 (4.2-51) ng/mL, respectively; \( P < .0001 \).

The correlation between troponin I and systolic function was weaker in the patients without ST segment elevation (Table 1). Analysis of ROC curves showed that maximum troponin I value detected both overall and regional systolic dysfunction in the subgroup with ST segment elevation, whereas in those without ST elevation its predictive capacity was low, particularly for regional dysfunction (Table 2).

**DISCUSSION**

As has been shown previously, troponin I peak values provided information on systolic function. In patients with ST segment elevation and in whom ejection fraction analysis was delayed, Rao et al. observed that troponin was a good indicator of depressed ejection fraction. The relationship between peak troponin and systolic function in patients without ST segment elevation, however, has received little attention in the literature.

The relationship between troponin I and systolic function in our series was closer in the patients with elevated ST segment. This is probably attributable to the higher prevalence of significant dysfunction in these cases, whereas in the patients with a first acute coronary syndrome and no ST segment elevation, the percentage of cases with systolic dysfunction was low. The best cut-off points for detecting systolic dysfunction were higher in cases of elevated ST segment (Table 2), because of more pronounced myocardial damage and higher release of markers, due in part to the «washout» phenomenon occurring in patients receiving thrombolytic treatment.

Division of troponin I values into quartiles resulted in a progressive increase in the percentage of cases with systolic dysfunction, with significant differences only in the comparison between the uppermost and lowermost quartiles. Troponin I and systolic function, analyzed as continuous variables, presented a significant, though weak, correlation. These findings suggest that the probability of macroscopically relevant myocardial damage (detectable by quantitative ventriculography)
being present would only increase in cases with very high troponin I values (upper quartiles) and that the relationship between these factors is not linear. In patients with minimum troponin I elevations, however, particularly those without ST elevation, the high prognostic value of this parameter \(^3\) does not seem to depend on the myocardial damage sustained; identification of patients with true unstable ischemic heart disease \(^3\) or its relation with more unstable or thrombotic lesions \(^9\) could explain the usefulness of troponin I in the situation described.

Finally, in acute coronary syndromes, not all the prognostic information should focus on systolic function or markers of myocardial damage. Clinical variables (age, diabetes, heart failure, etc.), electrocardiographic evidence (depressed ST segment), other serologic markers (C-reactive protein, fibrinogen, etc.) should be taken into account for a correct stratification of risk. \(^3\) \(^8\)

**CONCLUSIONS**

After a first acute coronary syndrome, elevated troponin I values were useful for identifying patients with depressed systolic function. The correlation between these variables was weaker than expected, however, particularly in patients without ST segment elevation, suggesting that the prognostic power of troponin I depends on other factors in addition to the myocardial damage sustained.

**REFERENCES**

2. Rao AC, Collinson PO, Canepa-Anson R. Troponin T measurement after myocardial infarction can identify left ventricular ejection of less than 40%. Heart 1998;80:223-5.