Runaway pacemaker events are a potentially lethal malfunction and in Spain they may be more frequent than thought as little is known of them and they often present intermittently.

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Painful Left Bundle-Branch Block

To the Editor:

During exercise stress testing, approximately 0.3% of patients develop transient ventricular conduction defects including left branch block (3 out of 4 cases) (LBBB). Of these, 70% occur in patients with documented baseline cardiomyopathy of different etiologies (ischemic heart disease, hypertensive or valvular cardiomyopathy, degenerative disturbances of the conduction system, etc). In patients with normal coronary arteries and without other underlying illness, the association of chest pain and transitory LBBB was first described in 1976 and is known as painful LBBB.

A 57 year-old man, with left nephrectomy for renal neoplasia, with no known cardiovascular risk factors or history of cardiomyopathy, was admitted to our hospital with symptoms of retrosternal pain irradiating to the epigastrium and accompanied by sweating, paleness and tachycardia (105 bpm) during exercise stress testing. Figure A shows the left branch block during the episode of pain, and Figure B shows the electrocardiogram after disappearance of precordial pain with disappearance of the left branch block.
Letters to the Editor

The pathophysiology of painful LBBB is unknown. Although some authors have suggested it is caused by microvascular ischemia, basing themselves on finding of high levels of lactate in the coronary sinus, the most widely accepted view today attributes it to a dysnergy of the contrac-
tors.4,5

Anomalous ventricular depolarization produces secondary increase in heart rate during exercise. Most episodes of painful LBBB described previously have been related to increased heart rate during exercise. In our patient, with angina at rest and an-
giographically normal coronary arteries without other car-
diac illness, a hypothesis of microvascular angina seems most plausible after discounting a heart rate dependent mechanism. It is difficult to diagnose acute ischemia in patients with LBBB as many ECG diagnostic criteria are not applicable. Anomalous ventricular depolarization produces secondary increase in heart rate during the process of recovery, a phenomenon that appears in the ECG with changes in repolarization in a direction opposite to the principal QRS deflection or “appropriate discordance” between the QRS complex and ST-segment. Elevation of ST-segment in association with positive QRS complex, or ST-segment depression in V1, V2 or V3 leads do not occur in uncomplicated bundle branch block, known as “inappropriate discordance,” which is indicative of acute ischemia. Extreme ST-segment elevation (>5 mm) in V1 and V2 also indicate acute ischemia. Given the high mortali-
ty of myocardial infarction electrically hidden by LBBB, the norm should be to perform immediate cardiac catheteri-
zation.

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