Valor del patrón de flujo coronario tras angioplastia primaria como predictor de recuperación funcional y remodelado ventricular a corto plazo. Estudio mediante ecocardiografía Doppler transtorácica

Introducción y objetivos. El método más eficaz para detectar el fenómeno de «no reflujo» tras el infarto de miocardio revascularizado es el estudio del flujo mediante guías de Doppler intracoronario. La incorporación de sondas Doppler de alta frecuencia permite evaluar el flujo coronario de forma no invasiva. El objetivo es describir diferentes patrones de flujo coronario mediante Doppler transtorácico y estudiar sus asociaciones con la recuperación funcional del tejido infartado.

Métodos. Estudiamos a 57 pacientes de 60 años de edad (rango, 30-85). Describimos un flujo coronario anómalo al caracterizado por onda diastólica de elevada velocidad con tiempo de deceleración rápido (< 500 ms). Comparamos la contractilidad regional, los volúmenes endocárdicos y la fracción de eyecisión del ventrículo izquierdo (FEVI) de los pacientes a las 72 h y al mes del episodio agudo.

Resultados. En total, 31 pacientes (54%) presentaban un flujo normal (grupo 1) y 26 (46%), un flujo anómalo (grupo 2). Al mes de seguimiento, en los pacientes del grupo 1 mejoró tanto la contractilidad regional como la FEVI (el 46,8 ± 8,6 frente al 52,6 ± 8,8%; p = 0,002), sin aumento en los volúmenes ventriculares. Por el contrario, los pacientes del grupo 2 no experimentaron mejora en la contractilidad regional ni en la FEVI aumentando sus volúmenes ventriculares de 55,8 ± 12,9 a 62,9 ± 16,8 ml/m² (p = 0,05) y de 32,2 ± 9,5 a 37,1 ± 14,9 ml/m² (p = 0,05). El análisis multivariable mostró que el patrón de flujo era el predictor más importante para el remodelado ventricular (odds ratio = 6,14; intervalo de confianza del 95%, 1,56-24,17).

Conclusiones. El estudio del flujo coronario mediante Doppler transtorácico permite identificar a los pacientes con daño microvascular que tras un infarto anterior evolucionarán hacia la dilatación ventricular sin recuperación de la función regional de la zona infartada.

INTRODUCTION

The aim of treatment after acute myocardial infarction (AMI) is to restore myocardial flow quickly, thereby improving the chance of functional recovery and short- and long-term prognosis. In some patients, adequate perfusion of the myocardial tissue is not obtained despite arterial patency. This phenomenon, known as “no reflow,” is related to the lack of functional recovery in the damaged zone. Until present, angiographic methods have not especially useful for predicting recovery of the affected segments. The use of intracoronary Doppler guide wires has enabled investigators to study coronary flow and identify some flow patterns associated with microvascular damage and lack of functional recovery.

Recently, it has become possible to study coronary flow by transcoronary Doppler spectroscopy thanks to the availability of high-frequency Doppler probes. Some studies have shown that this technique can detect microvascular damage. However, studies are lacking demonstrating the independent predictive value of this technique in combination with clinical variables that may influence myocardial damage and the type of procedure are lacking. Therefore, the objectives of this study were to investigate different patterns of coronary flow in the left anterior descending (LAD) artery and how this and other clinical variables relate to short-term functional recovery and ventricular remodeling after primary percutaneous transluminal coronary angioplasty (PTCA).

METHODS

Patients

Over an inclusion period of 2 years, 190 patients were admitted to our hospital with signs and symptoms of anterior AMI. Primary angioplasty was defined as a procedure done without prior or concomitant fibrinolytic treatment in patients with a history of chest pain lasting less than 12 hours associated with ST-segment elevation (>0.1 mV at 2 or more adjacent leads) in the electrocardiogram (ECG) or new left bundle branch block. We screened 110 patients with their first myocardial infarction who underwent primary PCTA for inclusion. Of these, 30 presented heart failure of Killip grade greater than 3 and 4 patients died in the hospital and so were excluded from the study. Eight patients refused to participate in the study. The initial group therefore comprised 68 patients, although LAD flow was not obtained in 4 (5.9%) and 7 failed to attend the follow-up visit after 1 month. The final study population therefore comprised 57 patients, 11 women and 46 men, with a mean age of 59.67 years (range, 30-85).

Protocol

The study protocol was approved by the ethical committee of our hospital and all patients gave their informed consent in writing. Within 24 hours of onset of symptoms, all patients underwent angioplasty of the culprit lesion with coronary stent placement if necessary. In all cases, vessel patency was acceptable with residual stenosis of less than 30% and a TIMI antegrade flow III.

Between 48-72 hours after the procedure, LAD flow was determined. Assessment of sizes and segmental left ventricular wall motion scores was done at 72 hours and 1 month after the procedure.

Study of Coronary Flow

Images of the LAD artery were recorded with the Sonos 5500 device (Philips, Andover, Massachusetts, USA) using a high frequency S12 (5-12 MHz) transducer.

The LAD artery position was measured relative to a point proximal to the medioclavicular line in the fourth and fifth intercostal spaces, with the patient in left lateral decubitus. Once the anterior interventricular sulcus had been located in the short axis view, the ultrasound beam was scanned sideways to display the distal portion of the LAD artery with high-frequency color Doppler mapping (5 MHz), with velocities ranging from ±15 to ±19 cm/s and the field depth set to 7 cm. Blood flow was measured with pulsed Doppler signals. For this measurement, the ultrasound beam was aligned as parallel as possible to distal LAD flow. The frequency used in the pulsed Doppler scan was 5 MHz, with a sampling region of 1.9 mm. A contrast agent was used (Levovist 200 mg/mL in 0.5 mL boluses) to enhance the color and pulsed Doppler signal.

Doppler recordings of coronary flow were assessed by an experienced echocardiographer blinded to the baseline data of the patient. Peak systolic and diastolic velocities and deceleration time of the diastolic wave were measured, the latter being defined as the time between peak velocity and the time when the tangent

ABBREVIATIONS

PTCA: percutaneous transluminal coronary angioplasty.
LAD: left anterior descending.
LVEF: left ventricular ejection fraction.
AMI: acute myocardial infarction.
of the deceleration curve crossed the velocity “0” cm/s axis (Figure 1). Patients were classified into 2 groups according to the type of coronary flow: Group 1 included patients with a normal flow pattern (Type A), that is, a diastolic wave with short deceleration time (>500 ms). Group 2 included patients with abnormal flow pattern (Type B), characterized by a fast diastolic wave and a deceleration time less than 500 milliseconds. The cutoff of 500 milliseconds was chosen in accordance with the previous studies done with intracoronary Doppler guide wires.12,13

Wall Motion Assessment

In order to study left ventricular size and wall motion, an S3 probe (Philips, Andover, Massachusetts, USA) was used. Parasternal long- and short axis views of the left ventricle, as well as the 2- and 4-chamber apical views, were determined. The measurements were recorded and subsequently assessed by an experienced observer blinded to the coronary flow. The left ventricular volume and ejection fraction were calculated using the biplanar Simpson method. The segmental wall motion score was then determined for 16 segments in the left ventricle according to the American Society for Echocardiography.16 One point was assigned for normal wall motion, 2 for hypokinesia, 3 for akinesia, and 4 for dyskinesia. The overall regional wall motion score and the regional wall motion score in the territory dependent on the LAD artery were calculated. In the latter case, 9 segments were chosen that are commonly accepted as dependent on the LAD artery, namely, the 4 apical segments, the anterior basal and medial septal segments, the posterior medial septal segment, and the anterior basal and medial segments.

The differences between the findings during the acute phase and the findings after 1 month were considered significant when they exceeded the intraobserver variability in our laboratory—5% for the left ventricular ejection fraction (LVEF) and 5 mL/m² for the volumes. An increase in systolic volume of more than 5 mL/m² was indicative of ventricular dilation and, therefore, of pathological remodeling. An improvement of 1 point in at least 3 of the 9 segments was considered indicative of viability in the anterior zone, that is, a decrease in the regional wall motion score of the LAD territory of at least 0.33.

Statistical Analysis

Continuous variables were expressed as mean (SD) and compared with the Student t test for paired and unpaired data. Categoric variables were represented as percentages and compared with the χ² test or the Fisher exact test if necessary. The multivariate analysis was done with a logistic regression model that included, in addition to the characteristic under study, the following variables: age, sex, coronary risk factors, time until vessel patency, and treatment at the time of discharge. Spearman correlation coefficients were calculated in all cases. P values less than .05 were considered statistically significant. The statistical analysis was performed with the SPSS statistical package, version 9.0.

RESULTS

Baseline Characteristics of the Patients

Thirty-one patients (54%) were included in Group 1 (corresponding to normal flow pattern) and 26 (46%) were included in Group 2 (abnormal flow pattern) (Figure 1). Table 1 presents the clinical characteristics of the patients in both groups. Group 2 included a greater proportion of diabetic patients and these patients were also older. There were no differences in time elapsed until vessel patency was achieved, TIMI flow, and peak creatinine kinase (CK) level. The baseline study showed that patients in Group 2 had a greater end-systolic volume, lower LVEF, and worse regional segmental wall motion scores.
TABLE 1. Baseline Characteristics and Treatment on Discharge*

<table>
<thead>
<tr>
<th></th>
<th>Group 1 (n=31)</th>
<th>Group 2 (n=26)</th>
<th>P</th>
</tr>
</thead>
<tbody>
<tr>
<td>Age, mean±SD, y</td>
<td>54.7±16.6</td>
<td>65.3±12.1</td>
<td>.09</td>
</tr>
<tr>
<td>Women, n, %</td>
<td>7 (22)</td>
<td>4 (15)</td>
<td>NS</td>
</tr>
<tr>
<td>Risk factors, n, %</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Smoking</td>
<td>17 (55)</td>
<td>12 (46)</td>
<td>NS</td>
</tr>
<tr>
<td>Hypertension</td>
<td>14 (45)</td>
<td>12 (46)</td>
<td>NS</td>
</tr>
<tr>
<td>Cholesterol</td>
<td>11 (36)</td>
<td>8 (31)</td>
<td>NS</td>
</tr>
<tr>
<td>Diabetes</td>
<td>8 (26)</td>
<td>15 (58)</td>
<td>.015</td>
</tr>
<tr>
<td>Previous AMI, n, %</td>
<td>1 (3)</td>
<td>1 (4)</td>
<td>NS</td>
</tr>
<tr>
<td>Multivessel disease, n, %</td>
<td>1 (3)</td>
<td>2 (8)</td>
<td>NS</td>
</tr>
<tr>
<td>Time to PTCA, mean±SD, min</td>
<td>220±217</td>
<td>212±177</td>
<td>NS</td>
</tr>
<tr>
<td>TIMI after PTCA, n, %</td>
<td>II 2 (6)</td>
<td>2 (7)</td>
<td>NS</td>
</tr>
<tr>
<td>III 29 (94)</td>
<td>24 (93)</td>
<td>NS</td>
<td></td>
</tr>
<tr>
<td>Max CK, mean±SD, U/L</td>
<td>520±510</td>
<td>650±490</td>
<td>NS</td>
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</table>

Baseline echocardiographic findings, mean±SD

<table>
<thead>
<tr>
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<th>Group 1 (n=31)</th>
<th>Group 2 (n=26)</th>
<th>P</th>
</tr>
</thead>
<tbody>
<tr>
<td>ESV, mL/m²</td>
<td>51.7±11.9</td>
<td>55.8±12.9</td>
<td>NS</td>
</tr>
<tr>
<td>EDV, mL/m²</td>
<td>26.4±8.2</td>
<td>32.2±9.5</td>
<td>.017</td>
</tr>
<tr>
<td>EF, %</td>
<td>46.8±8.7</td>
<td>42.4±8.1</td>
<td>.05</td>
</tr>
<tr>
<td>RWMS</td>
<td>1.69±0.23</td>
<td>1.85±0.21</td>
<td>.01</td>
</tr>
<tr>
<td>RWMS-LAD</td>
<td>2.15±0.29</td>
<td>2.38±0.32</td>
<td>.009</td>
</tr>
<tr>
<td>LAD flow, mean±SD, cm/s</td>
<td>15.7±6.2</td>
<td>16.8±6.6</td>
<td>NS</td>
</tr>
<tr>
<td>D, cm</td>
<td>36.2±10.3</td>
<td>42.8±15</td>
<td>NS</td>
</tr>
<tr>
<td>ED, ms</td>
<td>657±254</td>
<td>243±86.8</td>
<td>.000</td>
</tr>
</tbody>
</table>

Treatment on discharge, n, %

<table>
<thead>
<tr>
<th></th>
<th>Group 1 (n=31)</th>
<th>Group 2 (n=26)</th>
<th>P</th>
</tr>
</thead>
<tbody>
<tr>
<td>Beta-blockers</td>
<td>22 (71)</td>
<td>17 (65)</td>
<td>NS</td>
</tr>
<tr>
<td>Statins</td>
<td>26 (84)</td>
<td>29 (96)</td>
<td>NS</td>
</tr>
<tr>
<td>ACE inhibitors</td>
<td>25 (80)</td>
<td>19 (73)</td>
<td>NS</td>
</tr>
<tr>
<td>Nitrates</td>
<td>2 (6)</td>
<td>1 (4)</td>
<td>NS</td>
</tr>
</tbody>
</table>

*PTCA indicates percutaneous transluminal coronary angioplasty; LAD, left anterior descending artery; CK, creatinine kinase; EF, ejection fraction; AMI, acute myocardial infarction; ACE inhibitors, angiotensin-converting enzyme.

TABLE 2. Echocardiographic Assessment at 1 Month

<table>
<thead>
<tr>
<th></th>
<th>Group 1 (n=31)</th>
<th>Group 2 (n=26)</th>
<th>P</th>
</tr>
</thead>
<tbody>
<tr>
<td>EDV, mL/m²</td>
<td>52.1±12.5</td>
<td>62.9±16.8</td>
<td>.007</td>
</tr>
<tr>
<td>ESV, mL/m²</td>
<td>24.7±9</td>
<td>37.1±14.9</td>
<td>.000</td>
</tr>
<tr>
<td>EF, mean±SD, %</td>
<td>52.6±8.8</td>
<td>42.6±8.6</td>
<td>.000</td>
</tr>
<tr>
<td>RWMS-LAD, mean±SD</td>
<td>1.5±0.2</td>
<td>1.7±0.3</td>
<td>.001</td>
</tr>
<tr>
<td>∆EF-V%, n, %</td>
<td>20 (64)</td>
<td>9 (35)</td>
<td>.03</td>
</tr>
<tr>
<td>∆EDV-S mL/m², n, %</td>
<td>5 (16)</td>
<td>12 (46)</td>
<td>.02</td>
</tr>
<tr>
<td>Anterior regional viability</td>
<td>14 (45)</td>
<td>6 (23)</td>
<td>.1</td>
</tr>
</tbody>
</table>

*EF indicates ejection fraction; RWMS-LAD, regional wall motion score for the LAD artery territory; EDV, end-diastolic volume; ESV, end-systolic volume.

Echocardiographic Assessment After 1 Month

In the follow-up of the acute episode after 1 month, patients in Group 1 still had higher ventricular volumes, higher segmental wall motion scores, and more favorable LVEF than patients in Group 2 (Table 2).

The volumes showed no significant differences with respect to baseline data for patients in Group 1. In contrast, those in Group 2 showed a significant increase in end-diastolic volumes (55.8 [12.9] mL/m² vs 62.9 [16.8] mL/m², P<.05) and end-systolic volumes (32.2 [9.5] mL/m² vs 37.1 [14.9] mL/m², P<.05) (Figure 2). The regional wall motion scores improved in patients in Group 1 and showed no significant changes in Group 2 (Figure 3).

Finally, LVEF improved significantly in patients in Group 1, increasing from 46.8% (8.6%) to 52.6% (8.8%) (P<.01), whereas there were no changes in Group 2 (42.4% [8.1%] vs 42.4% [9.6%], P=NS).

Coronary Flow Pattern and Prediction of Functional Recovery and Pathological Remodeling

Seventeen patients showed pathological ventricular remodeling, that is, the end-diastolic volume increased. Of these, 12 (70%) had a Type B flow pattern. In contrast, after 1 month of follow-up, LVEF did not improve in 28 patients, of whom 17 (61%) were in Group 2.

In addition to coronary flow pattern, clinical data such as age and sex, and risk factors such as smoking, hypercholesterolemia, and diabetes were included in the multivariate analysis, as well as treatment variables such as medication administered at the time of discharge and time to PTCA. The variables that were independent predictors of lack of improvement in LVEF were Type B coronary flow (P<.05) and previous hypertension (P<.05). Variables predictive of increase in left ventricular end-systolic volume were Type B flow pattern (P<.01) and smoking (P<.05). Finally, predictors of the lack of functional recovery in the LAD artery territory were Type B flow pattern (P<.05) and hypercholesterolemia (P<.05) (Table 3).

Time to revascularization of the culprit artery was a factor that showed a tendency to be associated with lack of viability of the anterior territory, although this was not statistically significant (P=.098).

DISCUSSION

Our study showed that assessment of coronary flow by transthoracic Doppler spectroscopy is a simple and noninvasive method that can identify patients with greatest microvascular damage and, as a result, a worse clinical course after primary PTCA. In our patients, the presence of Type B flow pattern, characterized by rapid deceleration of the diastolic wave, was associated with a lack of functional recovery of the infarct zone and short-term ventricular dilation.
Macrovascular Damage and Coronary Flow Pattern in the Acute Phase of Acute Myocardial Infarction

Conservation of coronary microvasculature after myocardial infarction is essential for functional recovery. Along with this structural loss associated with large transmural infarcts, other pathophysiological mechanisms triggered by reperfusion, such as presence of oxygen free radicals, microvascular spasm, edema, or microembolization, ultimately cause increased resistance to epicardial coronary artery flow on which this microvasculature depends. The end result is a considerable decrease in the...
Until now, the most reliable method OR 95% CI
who used a similar methodology to ours, a
However, studies done with intracoronary
in EF
ESV>5 mL/m
P
P
in a recent
EF>5%
357
none of the
P
This
The flow pattern obtained
OR 95% CI
∆
Another method
was analysis of coronary flow using intracoronary
Doppler guide wires. [12,13]
was that the coronary flow pattern assessed by
intracoronary Doppler spectroscopy was the strongest
predictor of the no-reflux phenomenon, stronger even
than angiographic, electrocardiographic, or enzymatic
variables.
In our study, patients with an abnormal flow pattern
were elderly and had a higher incidence of diabetes.
In addition, according to the baseline study, these patients
started with a slightly lower LVEF. This all agrees with
what has been published by other investigators in studies
limited to the acute phase of AMI. [12,13,32] Our study has
the added value of follow-up at 1 month and a
multivariate analysis. In this analysis, we found that the
coronary flow pattern retained its independent predictive
value for the lack of functional recovery and
pathological ventricular remodeling despite the inclusion
of clinical variables and therapeutic procedure.

Limitations
To determine coronary flow by transthoracic
Doppler spectroscopy, a special probe is required and
the operator needs a certain amount of training. In our
group, the success rate is greater than 90%. Some
investigators have criticized this flow pattern and have
indicated that its presence might be an artefact due to
the closeness of the Doppler probe to the vessel
walls. [14] However, studies done with intracoronary
Doppler guide wires have clearly described this same
pattern in patients with revascularized AMI. [14,22] This
explanation therefore does not seem feasible. The
cutoff point for the deceleration time of the diastolic
velocity is not well defined in the literature. Long
deceleration times are related to functional recovery
whereas short times are not. In our study, the cutoff
point of 500 milliseconds was established after
assessment of the findings from published
intracoronary studies. The number of patients included
was small and follow-up was short. Nevertheless, the
level of significance attained was fairly acceptable,
both for assessment of overall ventricular function and
for ventricular dilation. When assessing viability in the
infarct zone, a larger sample size would have increased

<table>
<thead>
<tr>
<th>Pattern B</th>
<th>OR 95% CI</th>
<th>P</th>
<th>OR 95% CI</th>
<th>P</th>
<th>OR 95% CI</th>
<th>P</th>
</tr>
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<tbody>
<tr>
<td>Pattern B</td>
<td>6.14</td>
<td>1.56-24.17</td>
<td>.01</td>
<td>0.26</td>
<td>0.08-0.83</td>
<td>.02</td>
</tr>
<tr>
<td>Hypertension</td>
<td>3.55</td>
<td>0.89-14.17</td>
<td>.07</td>
<td>0.26</td>
<td>0.08-0.83</td>
<td>.02</td>
</tr>
<tr>
<td>Smoking</td>
<td>4.32</td>
<td>1.09-14.10</td>
<td>.04</td>
<td>0.26</td>
<td>0.08-0.83</td>
<td>.02</td>
</tr>
<tr>
<td>Hypercholesterolemia</td>
<td>0.22</td>
<td>0.05-0.93</td>
<td>.04</td>
<td>0.26</td>
<td>0.08-0.83</td>
<td>.02</td>
</tr>
<tr>
<td>Time to PTCA</td>
<td>0.99</td>
<td>0.99-1.00</td>
<td>.09</td>
<td>0.26</td>
<td>0.08-0.83</td>
<td>.02</td>
</tr>
</tbody>
</table>

* CI indicates confidence interval; RWMS-LAD, regional wall motion score for the LAD artery territory; ESV, end-systolic volume; OR, odds ratio; time to PTCA, time from onset of symptoms until the vessel became patent.

Transmural infarctions and in those with the no-reflux
phenomenon after reperfusion. [11,12] Another method
that has been shown to be equally effective is the study
of the coronary flow reserve in response to coronary
vasodilation. [11]
Few studies have used transthoracic Doppler
spectroscopy to assess microvascular damage. In our
study, we show that this method is feasible. We obtained
adequate flow determinations in 64 of the 68 patients
initially assessed, corresponding to a success rate of
94%. We could thus identify patients who were going to
present short-term ventricular dilation (odds ratio [OR]
=6.14; P<.01). In the study of Voci et al, [30] none of the
Doppler variables proved useful and only the presence of
collateral vessels was predictive of functional recovery
of the infarct zone. However, in the study of Hozumi et
al, [27] who used a similar methodology to ours, a
significant correlation was reported between the
deceleration time of the diastolic wave and improvement
in the regional wall motion score of the infarct zone. The
cutoff point in their study was 600 milliseconds. Our
cutoff point was set to 500 milliseconds, in accordance
with the guidelines for intracoronary Doppler
examinations. [11,12,27] Finally, Iwakura et al, [22] in a recent
study, showed that the coronary flow pattern assessed by
transonic Doppler spectroscopy was the strongest
predictor of the no-reflux phenomenon, stronger even
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was small and follow-up was short. Nevertheless, the
level of significance attained was fairly acceptable,
both for assessment of overall ventricular function and
for ventricular dilation. When assessing viability in the
infarct zone, a larger sample size would have increased

TABLE 3. Multivariate Analysis of the Possible Predictors of Pathological Left Ventricular (LV) Remodeling, Increase in Ejection Fraction (EF), and Functional Recovery of Anterior Territory*
De la Morena-Valenzuela G et al. Coronary Flow Pattern Predicts Ventricular Remodeling After Myocardial Infarction

CONCLUSIONS
After recanalization anterior AMI assessment of LAD coronary flow by transthoracic Doppler spectroscopy can identify patients with microvascular damage, in the short-term, progression of ventricular dilation without recovering regional function in the infarct zone.

REFERENCES