Letters to the Editor

Redundant Eustachian Valve Endocarditis: Neonatal Diagnosis

To the Editor:

We present the case of a pre-term newborn at 33 weeks gestational age with a birth weight of 1730 g, who suffered respiratory difficulty and required non-invasive ventilation without supplementary oxygen and umbilical vein cannulation. On the third day he presented a clinical profile of sepsis with abnormal infectious parameters, and vancomycin and cefotaxime treatment was administered. Evolution was poor, with signs of right heart failure and audible regurgitating systolic murmur 2-3/6 in the tricuspid; the echocardiograph showed a large pediculated vegetation in the right atrium and two small vegetations in the septal tricuspid valve. There was a 5 mm permeable oval foramen with a left to right short circuit. *Staphylococcus aureus* was isolated in the blood culture.

The patient was referred to our centre, where we diagnosed endocarditis of a redundant Eustachian valve with peripheral echo refringencies (Figures 1 and 2) that were compatible with thrombotic vegetation. Antibiotic treatment was maintained during 6 weeks with the addition of low molecular weight heparin, and the patient’s evolution was
good. The echocardiography before the patient was discharged showed that the vegetation on the Eustachian valve had been somewhat reduced, and that the 2 small vegetations on the tricuspid valve had disappeared.

At 6 months of age, the patient underwent extracorporeal surgery involving total resection through right atriotomy with no post-operative incidents. Anatomical pathology showed a redundant Eustachian valve with vegetation remnants and thrombosed areas. No microorganisms were isolated in the culture.

The Eustachian valve is an embryological remnant which serves in the foetus to direct the blood flow toward the left atrium through the oval foramen; it can be identified in the ostium of the inferior vena cava and seen on the inside of the right atrium. Its presence is infrequent in adults, but echocardiography identifies it in all infants younger than 1 month and in 2/3 of older children; only occasionally is it large and mobile.

In the literature review, we found a total of 17 cases of infectious Eustachian valve endocarditis, all of which were adult patients. Intravenous drug addiction is the main risk factor for Eustachian valve endocarditis. We have found no other recorded case during the neonatal period. The fundamental source of infection in these patients is central catheters, added to the state of physiological immunodeficiency presented by newborns, which is heightened in the case of premature birth.

Of the 17 adult cases we reviewed, 11 required study with transoesophageal echocardiography to make the correct diagnosis. Both techniques offer similar information in paediatric patients, but due to the limitations of transoesophageal echocardiography at this age, and the fact that the acoustic window offers much better quality than in adult patients, transthoracic ultrasound is always the method of choice; the transoesophageal technique is reserved for specific cases.

With respect to the treatment, we should make special mention of the persistence of the vegetation with signs of peripheral thrombosis (requiring antiaggregant and anticoagulant treatment to date) on a redundant Eustachian valve; after a good initial response to medical treatment, it was managed on an outpatient basis. We opted for a surgical procedure at six months fundamentally because the patient showed no initial response, and was a premature newborn with a very low birth weight. This was done considering the risks involved in extracorporeal surgery, the persistence and large size of the vegetation (which according to later
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Correcting a Systematic Review on Sudden Death Syndrome

To the Editor:

After reading Martínez Sellés’ interesting article on sudden death syndrome (SDS) in young males following police arrest, we would like to make a few comments.

Although the author recognises the limitations of the study, considering the search strategy that was used, we feel that the term “systematic review” (SR) applies a scientific strategy for limiting findings during the process of collecting the essential information from primary research studies on a specific health problem. The article only reports the general syndrome of adaptation as a catecholamine-mediated reaction under highly stressful situations. It does not consider other risk factors that are related with sudden deaths following police arrest (also known as deaths in police custody). These deaths typically occurred during or after violent episodes in which police subdued individuals (struggling or fighting), and the following factors have been linked to death: agitated/excited delirium (AD), consumption of stimulants (cocaine and amphetamines), consumption of alcohol, the use of specific submission holds (particularly with obese individuals lying prone with or without the limbs immobilised, which is known as postural asphyxia) and pre-existing conditions (fundamentally cardiac and psychiatric); none of the above, except for the pre-existing conditions, are mentioned in the article. Some of these risk factors (AD and stimulant consumption) can cause and worsen catecholamine-mediated reactions. In addition, the two strengthen each other mutually, particularly as regards AD and cocaine consumption effects on the myocardium.

As the author notes, such deaths require a judicial autopsy due to possible criminal liability because of the circumstances surrounding them (deprivation of liberty and police intervention). This in turn leads to a delay in learning the causes of death due to performing various types of complementary tests after the autopsy (mainly chemical-toxicological and histopathological) and gathering all information about the case.

While the author recognises that data from non-scientific publications has been collected, we disagree with the statement that it is not likely that there were more deaths than those included in the study. In our experience, many such deaths are not reported. It is difficult to determine the true magnitude of the problem, since the studies do not always coincide when determining the final cause of death, or when evaluating its aetiology. Neither is there any general agreement as to the concept of “death in custody,” and as we observed previously, many factors can be involved in this physiopathological mechanism. In Catalonia, there were 4 deaths in police custody in 2006, for a rate of 0.6/million/year.

The author reports that 28.8% of cases have medical histories, all of which are related to substance abuse and psychiatric illness. He highlights a case in which methadone was administered before the individual’s death, which should be considered due to the possible relationship between methadone treatment and sudden death.

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REFERENCES