Letters to the Editor

Circulating Microparticles From Patients With Coronary Artery Disease Cause Endothelial Dysfunction

Micropartículas circulantes de pacientes con enfermedad coronaria causan disfunción endotelial

To the Editor,

In a recent article in Revista Española de Cardiología,1 the author considered the disease as a risk factor for cardiovascular disease, and can be added to the risk factors considered as “traditional.” Different biomarkers can be measured, and confirm the importance of these MP in the genesis of ACS.

Cristóbal Bueno Jiménez

Departamento de Medicina Interna, Hospital Universitario Infanta Cristina, Badajoz, Spain

E-mail address: cristobalbjunex.es

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Circulating Microparticles From Patients With Coronary Artery Disease Cause Endothelial Dysfunction. Response

Micropartículas circulantes de pacientes con enfermedad coronaria causan disfunción endotelial. Respuesta

To the Editor,

I would like to thank the interesting comments of Bueno Jiménez et al. published in Revista Española de Cardiología in relation to the Editorial article1 where I discussed the plausibility of the exposure to ambient ultrafine particles (UFP) as a risk factor for cardiovascular diseases. Numerous epidemiological studies support the association of exposure to ambient particulate matter (PM) with cardiovascular ischemic endpoints2 and substantial experimental animal work support the feasibility for causality in the case of atherosclerosis.3 While it is likely that PM with a smaller particle size such as UFP carry greater cardiovascular toxicity than particles with larger size, the possibility that inhaled UFP could translocate and access the systemic circulation still awaits more definite confirmation.3 Ambient PM can lead to systemic vascular effects by several hypothetical mechanisms that still remain to be elucidated.1 The author’s comment about the need to employ novel biomarkers for endothelial dysfunction, such as circulating endothelium-derived microparticles (EMP), that can better capture the cardiovascular risk potentially attributable to ambient PM and UFP is very appropriate as they could also aid in the identification of pathogenic mechanisms. EMPs, characterized by different phenotypes such as CD31+/CD41+, CD31+/annexin V+, CD144+ and/or CD62e appear not only to reflect endothelial dysfunction and serve as a stratifying biomarker but also to exert pathogenic actions such as procoagulant

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Effects. Likewise, other biomarkers such as the level and function of endothelial progenitor cells (EPC) could prove to be helpful to reflect endothelial damage caused by air pollutants, as it has been recently shown that exposure to ambient fine particles (PM<2.5 μm) induced reversible vascular injury, reflected by depletion of circulating EPC levels, both in humans and mice. It would be valuable to determine whether exposure to ambient PM and UFP in particular result in increased levels of EMFs as well. Interestingly, exposure to secondhand smoking, thought to mimic some of the effects associated with PM exposure and to activate similar pathogenic mechanisms, have been shown to result in increased EMP as well as EPC. Therefore, it would be highly desirable to use these biomarkers in the assessment of vascular effects caused by the exposure to UFP, as suggested by the author.

Jesús A. Araujo

Division of Cardiology, Department of Medicine, David Geffen School of Medicine, University of California, Los Angeles, CA, United States

E-mail address: JAraujo@mednet.ucla.edu

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Comments on the Spanish Society of Cardiology Critical Review of the ESC 2010 Clinical Practice Guidelines on Atrial Fibrillation

Comentarios al análisis crítico de la Sociedad Española de Cardiología de la guía de práctica clínica de fibrilación auricular 2010 de la ESC

To the Editor,

The critique by Anguita et al. perpetuates many misconceptions. Many reported risk factors for stroke in atrial fibrillation (AF) were derived from the non-warfarin arms of trial cohorts but in the historical trials, females were under-represented, many risk factors were not systematically recorded or not uniformly defined and <10% of those screened were ultimately randomised. Thus, additional data are needed from epidemiological and cohort studies. Numerous studies have now shown how the risk of stroke rises from age >65 and that vascular disease also increases the risk of stroke and/or death in AF. Females have a disproportionate risk of stroke when AF develops, and various studies support the inclusion of female gender as a stroke risk factor. More contemporary studies do suggest that uncontrolled hypertension is more of a risk, rather than well-controlled blood pressure. After all, any (single) stroke risk factor will confer a risk of stroke when present with AF.

The previous artificial division into low/moderate/high stroke risk strata evolved so that we could pick out the ‘high risk’ category to subject these patients to an inconvenient drug, warfarin. With the availability of new oral anticoagulants (OAC), the 2010 ESC guideline focuses more on improving our identification of ‘truly low risk’ patients, de-emphasises the (artificial) low/moderate/high risk stratification approach and recommended the use of a risk factor based approach with the CHA2DS2-VASc score. Since the original validation study, other independent validation studies have been published for CHA2DS2-VASc. The advantage of CHA2DS2-VASc, which is more inclusive of common stroke risk factors, is that it consistently identifies ‘truly low risk’ patients who do not need any antithrombotic therapy, whilst those with ≥1 stroke risk factors can be considered for effective stroke prevention therapy, which is essentially OAC with either (very) well controlled warfarin or one of the new agents. Certainly, CHA2DS2-VASc is as good as—and possibly better—than scores such as CHADS2 in identifying patients who develop stroke.

The ESC guideline already clearly recommends that antithrombotic therapy is necessary in all patients with AF unless they are ‘age <65 and low risk’, and and thus, young women who essentially have no risk factors (i.e. lone AF) would fall into this category. As a consequence, patients with ‘female gender’ only as a single risk factor (but still a CHA2DS2-VASc score=1 on that basis) would not need anticoagulation, if they fulfil the criteria of ‘age <65 and lone AF’.

Anguita et al. take issue with the recommendation that AF patients with stable vascular disease can be managed with OAC monotherapy. The addition of aspirin to OAC substantially increases the risk of major bleeding and results in a 2.4-fold increase in intracranial haemorrhage. Thus, long term combination therapy would probably outweigh the potential (multifactorial) risk of late stent thrombosis.

Anguita et al. suggest the dronedarone was recommended for use in permanent AF, which is incorrect. Both the ESC and the American guidelines provide near identical recommendations relating to the use of dronedarone for reduction of hospitalizations (Class IIa, LoE B) and it directly follows from its regulatory